



# 2026 Registration Packet

WHERE ATHLETES ARE FOREVER YOUNG

April 26 - May 1

**Registration:** Online at <https://rec.wytheville.org> or mail completed forms with payment to **Town of Wytheville Parks and Recreation, 333 Community Blvd., Wytheville, VA 24382, by March 27, 2026.**

**Complete all information (please print clearly) and sign the waiver on the next page.**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on Dec 31 this year \_\_\_\_\_ (Must be 50 years and above)

Gender \_\_\_\_\_ T-Shirt Size  Small  Medium  Large  XL  2X  3X

### Opening Ceremony: Welcome and Catered Lunch

Monday, April 27 at Noon

Wytheville Community Center, 333 Community Blvd., Wytheville, VA 24382

#### Participants must register.

- I will not attend
- I will attend (Included with registration fee)
- I will bring a guest (\$15)

Guest's Name \_\_\_\_\_

I request a vegetarian option  Yes  No

Guest requests a vegetarian option  Yes  No

### Emergency Contact

Name \_\_\_\_\_

Relationship \_\_\_\_\_

Telephone \_\_\_\_\_

### Questions?

Call Erin Stafford, Town of Wytheville Parks and Recreation at **276-223-3520** or email [erin.stafford@wytheville.org](mailto:erin.stafford@wytheville.org)

# 2026 NEW RIVER VALLEY SENIOR GAMES

## WAIVER AND RELEASE

The undersigned (“Participant”) elects to voluntarily participate in the NRV Senior Games (the “Games”). Participant is aware of the inherent risks and intrinsic dangers of the Games, including (without limitation) the risks of communicable disease, drowning, malfunctioning equipment, facility hazards, and negligent or improper behavior of others. In consideration of being permitted to engage in the activities, PARTICIPANT KNOWINGLY AND EXPRESSLY WAIVES ANY RIGHTS TO SUE FOR ANY INJURY, DEATH, LOSS, OR DAMAGE CAUSED TO PARTICIPANT OR TO PARTICIPANT’S PROPERTY. PARTICIPANT AGREES TO ASSUME ALL RISKS INHERENT IN THE GAMES, INCLUDING, WITHOUT LIMITATION, THE RISKS OF COMMUNICABLE DISEASE (e.g., COVID-19), INJURY, DEATH, LOSS, OR DAMAGE TO PARTICIPANT OR TO PARTICIPANT’S PROPERTY.

Participant agrees to abide by all rules and regulations of the Games; to inspect and confirm that all equipment and facilities are safe and in good condition; and to wear appropriate protective gear at all times. Participant expressly assumes the risk of injury resulting from failure to do so and/or from selecting protective gear that does not adequately protect against injury.

Participant authorizes the New River Valley Senior Games Committee (the “Sponsor”) to copyright and publish all photographs, video footage, or audio recordings of the Games, including any containing images of Participant, for any purpose, and waives all rights with respect to the copyright, publication or use of such photographs, video footage, or audio recordings, including any claim for compensation related to their use.

The waiver and release contained herein shall include the Sponsor, volunteers, the Towns of Blacksburg, Christiansburg, and Wytheville, the City of Radford, and the Counties of Montgomery, Pulaski and Floyd, and their employees, agents, and representatives (“Released Parties”).

Participant also agrees to indemnify the Released Parties from and against any claims, fees or costs arising out of any injury or damage caused by negligent or improper behavior of Participant.

By signing this waiver and release, I affirmatively declare and warrant that: I am physically healthy and able to participate, I have no medical condition that may limit or impair my safe participation in the games, I have received my physician’s permission, if necessary, to participate, and I voluntarily assume all foreseeable risk associated with the physical activity involved with the New River Valley Senior Games.

Signature \_\_\_\_\_

Name Printed \_\_\_\_\_

Date \_\_\_\_\_

# 2026 NEW RIVER VALLEY SENIOR GAMES

## EVENT SELECTIONS

Athlete's Name - Please Print

### SUNDAY

**Pickleball (Max. of 2 divisions)** \*Partner(s) must also register

- Singles
- Doubles\*  
Partner \_\_\_\_\_ Age \_\_\_\_\_
- Mixed Doubles\*  
Partner \_\_\_\_\_ Age \_\_\_\_\_

Billiards

### MONDAY

- Basketball Free Throws
- Basketball HORSE
- Riflery
- Frisbee
- Softball Hit and Throw
- Shot Put
- Discus

### TUESDAY

- Shuffleboard
- Canasta
- Bowling (+\$5)

### WEDNESDAY

- Quarter-Mile Walk
- One-Mile Walk

### WEDNESDAY (continued)

- 50-Yard Sprint
- Half-Mile Run
- Mini Golf (+\$5)
- Captain's Choice Golf (+\$50 per person)\*

\*Partner(s) must also register

(List team member's names)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Bridge

### THURSDAY

- Bocce Ball
- Horseshoes
- Cornhole
- Croquet

### FRIDAY

- 5k Outdoor Course
- Disc Golf

### Swimming

- 50-yard Freestyle
- 50-yard Backstroke
- 50-yard Breaststroke
- 100-yard Freestyle
- 200-yard Freestyle

### Athlete Registration Fee

One Event: \$10 Two Events: \$15 Unlimited Events: \$20

Registration Deadline: March 27, 2026

Questions: Erin Stafford, 276-223-3520, erin.stafford@wytheville.org

# 2026 NEW RIVER VALLEY SENIOR GAMES

| Item                            | Cost  | Total     |
|---------------------------------|---|-----------|
| <b>Athlete Fee - Select One</b> |   |           |
| One Event                       | \$10  |           |
| Two Events                      | \$15  |           |
| Unlimited Events                | \$20  |           |
| <b>Additional Event Fees</b>    |   |           |
| Bowling                         | \$5   |           |
| Golf - Captain's Choice         | \$50  |           |
| Golf - Mini                     | \$5   |           |
| <b>Opening Ceremony</b>         |   |           |
| Athlete                         | Free  |           |
| Athlete's Guest                 | \$15  |           |
| <b>Donation - Optional</b>      |   |           |
|                                 | Your additional donation helps<br>the NRV Senior Games. |           |
|                                 |   |           |
|                                 | <b>TOTAL</b>  | <b>\$</b> |

## Payment Information

Name \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Check

Cash

**Registration Deadline: March 27, 2026**

**Make checks payable to Town of Wytheville Parks and Recreation.**

**Questions: Erin Stafford, 276-223-3520, erin.stafford@wytheville.org**

# 2026 NEW RIVER VALLEY SENIOR GAMES

## ENTRY INFORMATION

### Eligibility

The 2026 New River Valley Senior Games are open to athletes age 50 years and above as of December 31 in the current year, who reside in the New River Valley (NRV) or are members of one of the hosting recreation departments. The NRV is defined as the Town of Blacksburg, Town of Christiansburg, Floyd County, Giles County, Montgomery County, Pulaski County, the City of Radford, the Town of Wytheville, and Wythe County.

Additionally, athletes must complete the registration packet, sign the liability waiver, and submit all fees by the registration deadline to be eligible for any event.

Volunteer coordinators overseeing games are prohibited from participating in the games to ensure fairness and maintain their focus on managing the event.

### Age Divisions

Competition for all events is in ten-year age groups for both men and women as follows: 50-59, 60-69, 70-79, 80+.

Age divisions are determined by the athlete's age as of December 31 in the current year.

The right is reserved to combine age groups in any event due to insufficient entries or other conditions.

### How to Enter

**Online** - Registration packets available at <https://rec.wytheville.org>

**Mail** - Send completed registration packets with payment to:

Town of Wytheville Parks and Recreation  
333 Community Blvd.  
Wytheville, VA 24382

**In Person** - Bring completed registration packets with payment to Town of Wytheville Parks and Recreation at the address provided above during business hours (M-F: 5:30 am-9 pm, Sat.: 7 am-8 pm, Sun.: 1-6 pm)

### Athlete Amenities

All registered participants receive a NRV Senior Games t-shirt, participant packet, and admission to the Opening Ceremony Welcome and Catered Lunch.

### Fees

**Athlete Fee** - The athlete fee is determined by the number of events a participant registers for.

One Event - \$10  
Two Events - \$15  
Unlimited Events - \$20

**Event Fees** - Certain events have an additional registration fee, including bowling, captain's choice golf, and mini golf, as noted in the forms.

**Opening Ceremony** - Athletes who wish to bring a guest must pay an additional fee of \$15 to cover their guest's catered lunch.

### Entry Guidelines

For doubles events, both partners must submit an individual registration packet with payment by the deadline.

The NRV Senior Games Committee strongly recommends that each participant consult their physician about participating in any physical activity.

### Entry Deadlines

The deadline to register for all events is March 27, 2026 to ensure the NRV Senior Games Committee has adequate time to prepare. All registrations must be postmarked by March 27, 2026.

No late registrations will be accepted.

### Refunds

There are no rain dates or refunds, except for additional fees paid for canceled activities.

### Disqualifications

Participants that arrive late for their schedule event will be disqualified.

# 2026 NEW RIVER VALLEY SENIOR GAMES

## SCHEDULE & SPORT INFORMATION

**Time of Events:** All events start promptly at the scheduled times. Late arrivals will be disqualified.

**Awards:** Medals are awarded to all first, second, and third place finishers in each age division for each event.

### Sunday, April 26, 2026

| Time  | Location   | Event  |
|-------|--|--|
| 11 am | <b>Radford Recreation Center</b><br>200 George St.<br>Radford, VA 24141                    | <b>Pickleball (Max. of 2 divisions)</b><br>Form of indoor tennis using paddle and whiffle ball.<br>Singles, doubles, and mixed doubles.<br>Single elimination tournament.<br>Equipment provided. |
| 2 pm  | <b>Christiansburg Recreation Center</b><br>1600 N Franklin St.<br>Christiansburg, VA 24073 | <b>Billiards</b><br>Double elimination tournament in eight-ball.   |

### Monday, April 27, 2026

| Time | Location  | Event   |
|------|---|---|
| 8 am | <b>Wytheville Community Center</b><br>333 Community Blvd.<br>Wytheville, VA 24382 | <b>Check In</b><br>Pick up packets and t-shirts.  |
| 9 am | <b>Wytheville Community Center</b><br>333 Community Blvd.<br>Wytheville, VA 24382 | <b>Basketball Free Throws</b><br>Each athlete takes four rounds of five free throws for a total of 20 attempts.<br><br><b>Horse Basketball</b><br>A player is chosen to take the first shot; if the shot is made, the following players must make the same shot. If the shot is not made, the next player chooses the shot for the others to try. Any player that can't make the first successful shot gets the letter H. Once a participant spells HORSE they are eliminated. All participants keep playing and attempting new shots until one person is left. |

# 2026 NEW RIVER VALLEY SENIOR GAMES

## SCHEDULE & SPORT INFORMATION

### Monday, April 27, 2026 (continued)

| Time     | Location  | Event   |
|----------|---|---|
| 9 am     | <b>Wytheville Community Center</b><br>333 Community Blvd.<br>Wytheville, VA 24382 | <b>Riflery</b><br>Each athlete fires five BB shots at a target placed at five meters.<br>Five minute time limit.  |
| 10:30 am | <b>Wytheville Community Center</b><br>333 Community Blvd.<br>Wytheville, VA 24382 | <b>Frisbee</b><br>Each athlete takes three competitive throws.  |
| 12 pm    | <b>Wytheville Community Center</b><br>333 Community Blvd.<br>Wytheville, VA 24382 | <b>Opening Ceremony</b><br>Guest speaker and catered lunch.<br>Lunch is free for athletes and \$15 for guests. Must preregister.  |
| 2 pm     | <b>Al Jennings Athletic Fields</b><br>1000 E Main St.<br>Wytheville, VA 24382     | <b>Softball Hit &amp; Throw</b><br>Each athlete takes one practice hit, three competitive hits, one practice throw, and three competitive throws.<br>The combined score in hitting and throwing events is used to determine the winner.<br><br><b>Shot Put &amp; Discus</b><br>Each athlete takes three competitive throws. |

### Tuesday, April 28, 2026

| Time | Location  | Event   |
|------|---|---|
| 9 am | <b>Radford Recreation Center</b><br>200 George St.<br>Radford, VA 24141 | <b>Shuffleboard</b><br>Single matches consist of 12 frames.<br>Winner is the player who scores the highest after 12 frames.                         |
| 1 pm | <b>Radford Recreation Center</b><br>200 George St.<br>Radford, VA 24141 | <b>Canasta</b><br>Tournament will have four decks of cards with three games.<br>Winner is determined based on highest score.<br>No gender division. |

# 2026 NEW RIVER VALLEY SENIOR GAMES

## SCHEDULE & SPORT INFORMATION

### Tuesday, April 28, 2026 (continued)

| Time | Location  | Event   |
|------|---|---|
| 1 pm | <b>NRV Super Bowl</b><br>375 Arbor Dr. NE<br>Christiansburg, VA 24073 | <b>Bowling</b><br>Singles competition consisting of three games.<br>Scratch tournament with winner determined by highest score.<br>\$5 extra fee. |

### Wednesday, April 29, 2026

| Time    | Location  | Event   |
|---------|---|---|
| 9:30 am | <b>Radford High School</b><br>50 Dalton Drive<br>Radford, VA 24141                              | <b>Quarter Mile Walk, One Mile Walk, 50yd Sprint, Half Mile Run</b><br>Competition begins at 9:30 am.<br><b>Arrive early for time to warm up.</b>   |
| 1 pm    | <b>Cox's Driving Range</b><br>3500 Prices Fork Rd.<br>Blacksburg, VA 24060                      | <b>Mini Golf</b><br>Tournament consists of one 18-hole round with shotgun start.<br>Play starts at different holes.<br>\$5 extra fee.   |
| 1 pm    | <b>Great Oaks Country Club</b><br>1158 Floyd Hwy N<br>Floyd, VA 24091                           | <b>Captain's Choice Golf</b><br>Standard start<br>Teams consist of four players.<br>Youngest player determines team's age group.<br>Athletes registering without a team will be placed on a team.<br><b>Arrive one hour prior to start time for practice and line up.</b><br>Prizes are awarded for longest drive and closest to pin on select holes. All rules of golf shall apply.<br><b>\$50 extra fee includes green fee, range token, golf cart, and boxed lunch.</b>              |
| 1 pm    | <b>Dublin United Methodist Church Family Life Center</b><br>424 E. Main St.<br>Dublin, VA 24084 | <b>Bridge</b><br>Bridge players will play four rounds of six hands. Standard contract bridge scoring methodology will be utilized. Bridge proctor will provide onsite supervision and be available to answer questions regarding scoring.<br>Players will register as individuals. Make sure your favorite partners register also and you will have an opportunity to play with them during this Bridge tournament. Individual performance scores will determine winners of this event. |

# 2026 NEW RIVER VALLEY SENIOR GAMES

## SCHEDULE & SPORT INFORMATION

### Thursday, April 30, 2026

| Time     | Location  | Event   |
|----------|---|---|
| 9 am     | <b>Kiwanis Park</b><br>310 Kiwanis Ln. SE<br>Christiansburg, VA 24073 | <b>Bocce Ball</b><br>Single elimination tournament.<br>Athletes have 30 seconds to release their ball.<br>Games have 7-point or 10-minute time limit.<br><br><b>Horseshoes</b><br>Single elimination tournament.                    |
| 12:00 pm | <b>Kiwanis Park</b><br>310 Kiwanis Ln. SE<br>Christiansburg, VA 24073 | <b>Lunch</b><br>Provided at picnic shelter.<br>Registered participants only.  |
| 12:30 pm | <b>Kiwanis Park</b><br>310 Kiwanis Ln. SE<br>Christiansburg, VA 24073 | <b>Cornhole</b><br>Single elimination tournament.<br>Athletes take turns pitching corn bags at the cornhole platform until one reaches 21 points or 20 throws.<br>Corn bag in the hole: 3 points; Corn bag on the platform: 1 point |
| 1 pm     | <b>Kiwanis Park</b><br>310 Kiwanis Ln. SE<br>Christiansburg, VA 24073 | <b>Croquet</b><br>Single elimination tournament.  |

### Friday, May 1, 2026

| Time | Location   | Event   |
|------|--|---|
| 8 am | <b>Randolph Park</b><br>5100 Alexander Rd.<br>Dublin, VA 24084 | <b>5k Outdoor* Course</b><br>Held on the indoor walking track.<br>5k is equivalent to 3.1 miles<br><br>*New for 2026! |

# 2026 NEW RIVER VALLEY SENIOR GAMES

## SCHEDULE & SPORT INFORMATION

Friday, May 1, 2026 (continued)

| Time                              | Location  | Event   |
|-----------------------------------|---|---|
| 10 am                             | <b>Randolph Park<br/>Small Shelter</b><br>5100 Alexander Rd.<br>Dublin, VA 24084      | <b>Disc Golf</b><br>Tournament consists of one 18-hole round with shotgun start. Play starts at different holes. Playing groups will be created based on registration numbers.<br>Players are responsible for bringing their own discs.<br><b>Please arrive 30 minutes prior to start time for practice and grouping.</b> |
| 2 pm<br><b>Warm up<br/>1-1:45</b> | <b>Wytheville Community<br/>Center</b><br>333 Community Blvd.<br>Wytheville, VA 24382 | <b>Swimming</b><br>50-yard freestyle, 50-yard backstroke, 50-yard breaststroke,<br>100-yard freestyle, 200-yard freestyle   |

# 2026 NEW RIVER VALLEY SENIOR GAMES

## DIRECTIONS & FACILITY GUIDE

### Cox's Driving Range

#### 3500 Prices Fork Rd., Blacksburg, VA 24060

**From I-81** Take the VA-100 N exit (Exit 98) toward Dublin/Pearisburg. Turn left onto VA-100 N/Cleburne Blvd. Merge onto US-11 N toward Radford. Turn left onto VA-114 E/Peppers Ferry Rd. Continue to follow VA 114E. Turn left onto Prices Fork Rd. Cox's Driving Range is on the left.

**From 460** Take the Prices Fork exit. Follow Prices Fork Rd./VA-114 S until you reach Cox's Driving Range on the right.

### Christiansburg Recreation Center

#### 1600 N Franklin St., Christiansburg, VA 24073

**From I-81** Take Exit 114 for VA-8 toward Christiansburg/Floyd. If traveling from south, turn left onto W Main St.; if traveling from north, turn right onto W Main St. Turn left onto Depot St. Turn left onto N Franklin St./US 460 BUS W. Turn left at Cambria St. NW. Christiansburg Parks and Recreation is on the left.

**From 460** Take Exit 3AB toward US-460 BUS. Keep right to take Exit 3A toward US 460- BUS E/Downtown. Merge onto N Franklin St. Turn right at Cambria St. NW. Christiansburg Parks and Recreation is on the left.

### Dublin United Methodist Church

#### 424 E. Main St., Dublin, VA 24084

**From I-81** Take Exit 98 for VA-100 towards Dublin. After exiting, turn right onto VA-100 South (also known as Virginia Ave.) and continue along this road through the town of Dublin. You'll eventually reach E. Main St. Turn left onto E. Main St. and continue straight until you see Dublin United Methodist Church on the right. Once you've reached the church, park in the designated area and attend your desired event.

**From 460** Take Exit 1B onto I-81 S and follow the I-81 directions above.

### Great Oaks Country Club

#### 1158 Floyd Hwy N, Floyd, VA 24091

**From I-81** Take Exit 114, Turn right onto VA-8 S, Continue straight to stay on VA-8 S, Turn left onto Main Street, Continue onto 221 N/Floyd Hwy N, Turn right to Great Oaks Country Club.

### Kiwanis Park

#### 310 Kiwanis Ln. SE, Christiansburg, VA 24073

**From I-81** Take Exit 114 for VA-8 toward Christiansburg/Floyd. If traveling from south, turn left onto W Main St.; if traveling from north, turn right onto W Main St. Turn right onto Roanoke St. Turn right onto Reading Rd. Turn left onto Kiwanis Ln SE. Kiwanis Park is straight ahead.

**From 460** Take Exit 2 for US-11/US 460 BUS toward Christiansburg. Turn right onto US-11 S/US 460 BUS/Roanoke St. Turn left onto Reading Rd. Turn left onto Kiwanis Ln SE. Kiwanis Park is straight ahead.

### NRV Superbowl

#### 375 Arbor Dr. NE, Christiansburg, VA 24073

**From I-81** Use the right lanes for Exits 118 A-B-C toward US-11/US-460 Christiansburg/Blacksburg. Take Exit 118 B toward US-11/US-460 W Christiansburg/Blacksburg. Continue toward US-460 W Blacksburg. Take Exit 4B toward VA 114 Peppers Ferry Rd./Radford. Turn right onto Arbor Dr. NE and continue until you reach NRV Superbowl on the left.

**From 460** If traveling from the west, take exit 4AB toward VA 114 Peppers Ferry Rd./Radford and take a right onto VA 114/Peppers Ferry Rd. If traveling from the east, the exit is 4B. Next turn right onto Arbor Dr. NE and continue until you reach NRV Superbowl on the left.

# 2026 NEW RIVER VALLEY SENIOR GAMES

## DIRECTIONS & FACILITY GUIDE

### Radford High School

**50 Dalton Dr, Radford, VA 24141**

**From I-81** Take Exit 105 for VA-232 toward VA-605/Radford. If traveling from the south, follow VA-232; if traveling from the north, turn right onto VA-232 N toward Radford. Turn right onto Walker St and continue until you reach the Radford High School Parking lot on the left.

**From 460** Take Exit 1B onto I-81 S and follow the I-81 directions above.

### Radford Recreation Center

**200 George St., Radford, VA 24141**

**From I-81** Take Exit 109 for VA-177/State Rte 600/Radford. If traveling from south, turn left onto VA-177/Tyler Rd.; if traveling from north, continue onto VA-177/Tyler Rd. Turn left onto Hammett Ave. Turn right onto Noblin St. Turn left onto 2<sup>nd</sup> Ave. Turn right onto George St. Follow George St. until it ends at Radford Recreation Center.

**From 460** Take Exit 1B onto I-81 S and follow the I-81 directions above.

### Randolph Park

**5100 Alexander Rd., Dublin, VA 24084**

**From I-81** Take Exit 98 North on Route 100 towards Dublin. At the first stop light, (surrounded by various fast food restaurants), make a left onto Alexander Rd. Randolph Park is approximately one mile on the right. Traveling on Route 100 South from Dublin, make a right at the stop light (located just before Interstate 81) onto Alexander Center.

**From 460** Take Exit 1B onto I-81 S and follow the I-81 directions above.

### Wytheville Community Center

**333 Community Blvd, Wytheville, VA 24382**

**From I-81** Take Exit 72 for I-77 N toward Bluefield/Charleston WVA. Take Exit 41 for Peppers Ferry Rd./VA-610. Turn right onto Peppers Ferry Rd. Turn left onto Community Blvd. Continue until you reach Wytheville Community Center on the left.

**From 460** Take Exit 1B onto I-81 S and follow the I-81 directions above.

# 2026 NEW RIVER VALLEY SENIOR GAMES

## ABOUT THE GAMES

### NRV Senior Games Committee

The NRV Senior Games Committee is composed of the following organizations:

#### Blacksburg Parks and Recreation

Joy Herbert  
540-443-1142  
jherbert@blacksburg.gov

#### Christiansburg Parks and Recreation

Tammy Caldwell  
540-382-2349, Ext. 2003  
tcaldwell@christiansburg.org

Pam Peyton  
540-382-2349, Ext. 2004  
ppeyton@christiansburg.org

#### Floyd County Parks and Recreation

Jacob Agee  
540-745-9363  
jagee@floydcova.gov

#### Montgomery County Parks and Recreation

Amanda Terry  
540-382-6975, Ext. 3  
terryak@montgomerycountyva.gov

#### Pulaski County Parks and Recreation

Ciara Sanders  
540-577-9810  
csanders@pulaskicounty.org

#### Radford Parks and Recreation

Lora Gordon  
540-731-5517  
lora.gordon@radfordva.gov

### 2026 Hosts

#### Town of Wytheville Parks and Recreation

Erin Stafford  
276-223-3520  
erin.stafford@wytheville.org

The committee rotates the host of the NRV Senior Games every year between these organizations.

### About the NRV Senior Games

The NRV Senior Games are held annually in late April. Through a multitude of athletic and social events, participants have the opportunity to display their athletic ability and to exchange and share common ties and interests with their peers. The emphasis is on fellowship and socialization rather than competition.

The NRV Senior Games prepare individuals to compete in the Virginia Senior Games, where they have the opportunity to qualify for the National Senior Games. Athletes may participate in the Virginia Senior Games without participating locally.

### Additional Resources

For information regarding the Virginia Senior Games:

#### Virginia Senior Games

281-220-1999  
info@virginiaseniorgames.org  
www.vaseniorgames.org

For information regarding the National Senior Games:

#### National Senior Games Association

PO Box 5630  
Clearwater, FL 33758  
727-475-1187  
nsga@nsga.com  
www.nsga.com