## **General Pool Rules**

- Everyone is required to shower before entering pool
- All youth under 12 must be attended by an adult or person older than 16, with the exception of Aquatic programs
- No Running or Horse-play
- Diving will be permitted from the 8ft 6in wall **ONLY**
- No food or gum, Beverages must be in plastic containers
- Proper swim suits are required
- Children who are not toilet trained must wear a swim diaper
- Inflatable flotation devices are **NOT** permitted. U.S. Coastguard approved lifejackets will be permitted
- Equipment is for class use only and may not be used as toys or flotation devices
- All rules are subject to change. The lifeguard has final authority.

## Water Slide Rules

- Riders must be 48" tall and/or pass a swim test
- Lines must be formed on deck, not on steps
- No floatation devices or lifejackets
- One rider on slide at a time
- No diving or jumping from flume
- Enter slide in a sitting position
- Wait for lifeguard signal before sliding
- Riders must go down flume feet first sitting or laying down
- Keep arms and feet inside flume at all times
- Please exit catch pool immediately
- No running, standing, stopping or kneeling in flume
- Pregnant women or people with heart or back conditions should not use slide
- Failure to follow safety rules can result in serious injury to yourself and others and loss of privileges to use this slide

## **Spa/Whirlpool Rules**

- You must be at least 14 years old to use spa
- Diving or jumping into spa/whirlpool is prohibited
- Exercise is not allowed in spa/whirlpool
- Please limit spa/whirlpool use to 15 minutes
- Please do not submerge to bottom of spa/whirlpool
- Persons under the influence of alcohol, narcotics or certain medications should not use spa/whirlpool
- Persons with certain medical conditions such as diabetes, high blood pressure, or pregnant should consult a doctor before using spa/whirlpool

## **Therapy Pool Rules**

- Persons under 14 years of age must have adult supervision to use Therapy Pool.
- Rough play such as splashing, excessive noise or jumping in the Therapy Pool area is prohibited as it is intended to be used for therapeutic purposes.
- Diving is prohibited in the Therapy Pool.
- The Therapy Pool is available for therapeutic purposes only Monday-Friday from 8am-12pm. If the Therapy Pool is not being used for therapeutic purposes during this time, the Therapy Pool will be available for open swim.
- Outside of Monday-Friday between 8am-12p, Therapy Pool users may share the space with open swim users.
- Use of the therapy pool may be limited due to aerobic classes or swimming lessons.