



**Town of Wytheville**  
Parks & Recreation

**WINTER/SPRING**

JANUARY-APRIL 2024



## BE ACTIVE WYTHE...

- 7** Pitch, Hit, Catch Clinic
- 8** Active Adult Trips
- 14** Swim Lessons
- 17** Kidventure
- 21** Fishing Trip
- 25** Yin Yoga
- 29** Mt. Bike Race





# WELCOME

**W**elcome to our center. If you have not taken advantage of this wonderful facility, we invite you to come see it. Just let staff know you would like to take a tour when you arrive! The 70,900 square feet of recreation space has a water play park, 25 yard lap pool, therapy pool, hot tub, 1/8 mile walking/running track, two basketball courts, 4,000 square foot cardio and weight room, aerobic/dance room, two racquetball courts, a youth/teen center and café, indoor climbing wall, senior/adult lounge and rooms for meetings, parties and family reunions, etc.

To our current Pass Plan Holders, we would like to say thanks for your support by joining us. For those who have visited, we hope you will return and consider a yearly pass plan option. Please review the pass plans and daily admissions so you will be familiar with the different user fee options. We hope you will take advantage of the Wytheville Community Center for years to come! There are also numerous leagues, programs and activities offered. Please familiarize yourself with the following abbreviations for program fees:

TR-Town Resident, NRPP-Non Resident Pass Plan (with a Gold or Silver Pass Plan)  
NR-Non Resident, OL-Open Leisure (must have a current pass plan or purchase a day pass), Free-Open to the public.

*All youth under 12 must be attended by an adult or person age 16+ unless otherwise noted in certain areas.*

## WYTHEVILLE COMMUNITY CENTER

333 Community Blvd · Wytheville, VA 24382

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Youth/Teen/Climb

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## RECREATION COMMISSION

Bobby Angles

James Cohen

Glenda Salerno

Brittney Litton

## STUDENT MEMBERS

Jessenia Cohen

Eden Miller

## EX-OFFICIO MEMBERS

Brian Freeman, *Town Manager*

Gary Gillman, *Town Council Member*

## CONVENIENT HOURS OF OPERATION

### CENTER

Monday-Friday 5:30 AM-9:00 PM

Saturday 7:00 AM-8:00 PM

Sunday 1:00 PM-6:00 PM

### POOL HOURS

Monday-Friday 6:00 AM-12:00 PM

4:00 PM-8:00 PM

Saturday 10:00 AM-7:00 PM

Sunday 1:00 PM-5:30 PM

### WATER PARK

Monday-Friday 10:00 AM-12:00 PM

4:00 PM-8:00 PM

Saturday 10:00 AM-7:00 PM

Sunday 1:00 PM-5:30 PM

### CLIMBING WALL & YOUTH/TEEN CENTER

Tuesday-Friday 3:00 PM-8:00 PM

Saturday 1:00 PM-8:00 PM

Sunday 1:00 PM-6:00 PM

### HOLIDAYS

The Wytheville Community Center will be closed on the following days:

New Year's Day, Easter Sunday, Memorial Day, July 4, Labor Day, Thanksgiving, Friday after Thanksgiving, Christmas Eve and Christmas Day.

rec.wytheville.org  
276.223.3378



Like us on Facebook to receive our posts.  
www.facebook.com/wythevilleparksrec



# PROGRAM REGISTRATION

## HOW

Registration is on a "first come, first serve" basis up to the maximum enrollment. Late registrations and transfers are only possible when there are openings. A late registration fee of \$5 will be charged after regular deadlines. You may mail-in, walk-in or phone-in registrations. Early registration is encouraged as many programs fill up fast. Preregistration is required for all programs unless otherwise noted.

## PAYMENT

Payment of fees is due when you register. Phone registrations must be paid by credit card. Please make checks payable to: Town of Wytheville.

Note: \$25 service fee on all returned checks or NSF for auto deductions.

## CONFIRMATION

Upon receipt of registration form and fee, that individual is automatically enrolled (space permitting). There will not be any confirmation of mail-in registrations. Please show up for the first class at the appointed time and place unless you are notified by phone. The Department will only notify individuals if there is a problem with the registration. Feel free to call the Wytheville Parks and Recreation Administrative Office to confirm your registration at 223-3378.

## IF PROGRAMS ARE FULL

If the program is full, you may request that your name and phone number be put on a waiting list. You will be contacted if a space becomes available. Mail-in registrations will automatically be placed on the wait list if the programs are full, and applicants will be contacted by phone.

## REFUNDS

In the event Wytheville Parks and Recreation cancels the class, you will receive a refund within 30 days. If you withdraw from a class, your refund request must be in writing. Refunds will not be given after the deadline date.

## CANCELLATION LINE

276.223.3599 – Please call our cancellation line for inclement weather cancellation of programs.

## ACCESSIBLE SERVICES

The Town of Wytheville Department of Parks and Recreation recognizes that recreation is beneficial to all persons. To meet this need, the Department is committed to providing assistance and reasonable accommodations for qualified individuals with disabilities to access all services and programs offered by the Department. If accommodations are needed due to disability, please tell us at least two weeks before the event. Every reasonable effort will be made to provide adaptations and accommodations for qualified individuals with disabilities.

## PROGRAM REGISTRATION FEES

For all program registrations, non-town residents will be charged the program fee+\$10.

Non-town residents with a gold or silver pass plan will be charged the program fee+\$5.

Town Residents will pay only the program fee.

*Program registrations after the deadline will be accepted only if space permits and will be charged an additional charge.*

## PHOTO POLICY

All participants involved in any programs or special events are subject to being photographed. Such photographs may be used by the Town of Wytheville, without an obligation to compensation to those photographed, for marketing materials.

## WAYS TO REGISTER:

### IN PERSON

Stop by our office in the Wytheville Community Center at 333 Community Blvd. during business hours.

### BY PHONE

(276) 223-3378 only if paying by credit card.

### BY MAIL

Send registration form along with check or money order to:

Wytheville Parks and Recreation  
333 Community Blvd.  
Wytheville, VA 24382

Registration forms available at  
**[rec.wytheville.org](http://rec.wytheville.org)**

**Thanks to the Wythe-Bland Foundation, scholarships are available for pass plan and programs fees. Application information may be obtained at the Wytheville Community Center.**

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# PASS PLANS & ADMISSION

## GOLD LEVEL

Allows unlimited access during all hours of operation plus unlimited land and aqua aerobics for basic courses. Includes use of pool, weight/cardio areas, open gym, open youth/teen center, walking track, open climbing gym and unlimited racquetball court time.

Category	<b>BEST VALUE</b> Continual per month*	Annual	Monthly (advance payment)
Adult	\$39	\$515	\$57
Adult +1	\$61	\$805	\$79
Family	\$66	\$871	\$84
Senior/Teen/College	\$34	\$449	\$52
Senior Couple	\$56	\$739	\$73

All youth under 12 must be attended at all times by an adult or person age 16+ unless otherwise noted in certain areas.

McWane Pool  
included with  
Gold Pass

## SILVER LEVEL

Allows unlimited access during all hours of operation. Includes use of pool, weight/cardio areas, open gym, open youth/teen center, walking track, open climbing gym and 2 hours per week of racquetball court time.

Category	<b>BEST VALUE</b> Continual per month*	Annual	Monthly (advance payment)
Adult	\$28	\$370	\$44
Adult +1	\$45	\$594	\$62
Family	\$53	\$700	\$71
Senior/Teen/College	\$24	\$317	\$41
Senior Couple	\$40	\$528	\$58
Youth (4-12)	\$19	\$251	\$36

## BRONZE LEVEL

Allows access during all hours of operation. Includes walking track, open gym, open youth/teen center.

Category	<b>BEST VALUE</b> Continual per month*	Annual	Monthly (advance payment)
Adult	\$7	\$92	\$25
Adult +1	\$12	\$158	\$29
Family	\$21	\$277	\$38
Senior/Teen/College	\$7	\$92	\$24
Senior Couple	\$11	\$145	\$28
Youth (4-12)	\$5	\$66	\$23

## TRY IT PASS

Includes use of the pool, weight/cardio areas, open gym, open youth/teen center, walking track, open climbing gym, racquetball court time (reservation day of).

Category	Daily	6 Visit Pass*	12 Visit Pass**
Adult	\$8	\$45	\$90
Family	\$21	\$111	\$212
Senior/Teen/College	\$4.50	\$24	\$48
Youth (4-12)	\$3.50	\$18	\$36

\*6 Visit Pass valid for 6 months

\*\*12 Visit Pass valid for 1 year

## GROUP RATE

A group rate for 15 or more people is available only if a two week prior arrangement has been made.

### Daily Admission

18+ years	\$7
Senior/Teen/College	\$4
Youth (4-12)	\$3

**Ratios for group rates:** One adult chaperone for every ten youths.

## PASS PLAN INFORMATION

Registration can be done at the Front Desk of the Wytheville Community Center. Payments are due upon registration. ID cards are required to come into the facility. Anyone without their ID card will be required to pay an administrative fee to enter.

Cancellation fee of six month or annual pass plans: \$50. Monthly and punch pass plans cannot be canceled but simply expire after term. Lost Card Fee: \$5

Additional Pass Plan information will be discussed upon registration.

Town citizens will be given a 10% discount on all gold, silver or bronze pass plans.

Adult +1: +1 defined as spouse or legal dependent under the age of 25. Family defined as head of household, spouse, and their legal dependent under the age of 25. Adults must be 18+ years of age. Legal dependents age 18-24 must be full time college students.

Senior Age: 65+

\*Continual - Monthly Autodraft from checking or savings account. One year minimum. After one year, deductions continue until pass holder cancels the plan.



# RENTALS

Wytheville Community Center offers three multipurpose rooms that can be rented individually or as one large room. These can be used for small meetings, parties, reunions, etc. The Youth/Teen Center, Gymnasium and Indoor Pool are also available for rent. **Additional security deposit is required per reservation. Reservations must be made at least two weeks in advance.**

There is a 2 hour minimum on all multipurpose room rentals

## RESIDENT/PASS PLAN HOLDER

## NON-RESIDENT

## FOR PROFIT ORGANIZATIONS

### MULTIPURPOSE ROOMS

1 Room	\$20/hour	\$23/hour	\$26/hour
2 Rooms	\$25/hour	\$28/hour	\$31/hour
3 Rooms	\$30/hour	\$33/hour	\$35/hour
1 Room w/Kitchen	\$30/hour	\$33/hour	\$36/hour
2 Rooms w/Kitchen	\$35/hour	\$38/hour	\$41/hour
3 Rooms w/Kitchen	\$40/hour	\$43/hour	\$46/hour

### YOUTH/TEEN CENTER

\$45/hour

\$50/hour

### CLIMBING WALL

Groups up to 10 \$45/hour

\$50/hour

Groups 11-20 \$55/hour

\$60/hour

### INDOOR POOL

Groups up to 50 \$180/2 hrs

\$185/2 hrs

51-75 \$220/2 hrs

\$225/2 hrs

76-100 \$260/2 hrs

\$265/2 hrs

Youth/Teen Center & Climbing Wall Available for Rentals:  
Saturday  
11 AM-1 PM

**Pool Rental Hours:**  
Call for availability

## PARTY PACKAGES

The Wytheville Community Youth/Teen Center is a great place for your next birthday party! Bring up to 20 participants for hours of climbing, swimming, gym time or Youth/Teen Center (game room). You may choose up to three activities. If you would like to eat with your party, this must be done in the Youth/Teen Center. We provide staff supervision for the Youth/Teen Center (game room) and climbing wall for your group's exclusive enjoyment. Swimming time will be during public swim. Party is responsible for bringing food, drinks and eating utensils. Game options available for gym time.

**Saturdays 11:00 am—2:30 pm**

**Up to 10 participants—\$100**

**Up to 20 participants—\$125**

Swimming  
Climbing  
Youth/Teen Center  
Game Room  
Gymnasium







## youth sports

### SOCCER CLINIC

Open to boys and girls.  
PreK (Must have turned 4 before September 30, 2023) and Kindergarten  
Soccer clinic will be instructional skills, practice time and scrimmages with staff/coaches.  
The clinic will begin in March.  
Fee: \$30 TR; \$35 NRPP; \$40 NR  
Register by February 26  
Late Fee: additional \$5

### YOUTH SOCCER LEAGUES

This league is open to boys and girls.  
Three Divisions:  
Boys and Girls: 1st & 2nd grade.  
Boys and Girls: 3rd & 4th grade.  
Boys and Girls: 5th, 6th, 7th grade.  
Each age division will play in a coed league.  
The league will open in late March and will be played at WCC fields, Scott Memorial Middle School or Ager Park.  
Fee: \$30 TR; \$35 NRPP; \$40 NR  
Register by February 26  
Late Fee: additional \$5

### SOFTBALL

The league is open to girls.  
Two Divisions:  
3rd, 4th, 5th grade.  
6th, 7th, 8th grade - not eligible if player has turned 14 before July 15, 2024  
We will be playing in the Southwest VA Softball League.  
Teams participating are Wythe County and Galax. There will be travel to the areas in this league.  
Fee: \$30 TR; \$35 NRPP; \$40 NR  
Register by March 11  
Late Fee: additional \$5

### BASEBALL

The league is open to boys.  
Two Divisions:  
3rd & 4th grade.  
5th, 6th, 7th - not eligible if the player has turned 13 before July 15, 2024  
We will be playing in the Southwest VA Baseball League.  
Teams participating are Wythe County and Galax. There will be travel to the areas in this league.  
Fees: \$30 TR; \$35 NRPP; \$40 NR  
Register by March 11  
Late Fee: additional \$5

### TEE BALL CLINIC

The league is open to boys and girls.  
Pre-K (Must have turned 4 by September 30, 2023) and Kindergarten  
The season will begin in late April to early May.  
Tee Ball clinic will include instructional skills, practice time and scrimmages with staff/coaches.  
Fee: \$35 TR; \$40 NRPP; \$45 NR  
Register by April 8  
Late Fee: additional \$5

### PITCHING MACHINE

The league is open to boys and girls.  
1st & 2nd Grade.  
The season will begin in late April to early May.  
Fee: \$35 TR; \$40 NRPP; \$45 NR  
Register by April 8  
Late Fee: additional \$5



## PITCHING, HITTING, CATCHING CLINICS

Open to boys and girls 2nd – 7th grade. Each session will focus on fundamentals of pitching, hitting and catching for both baseball and softball. Clinic will be led by Carter Davis, Total Motion Performance certified baseball trainer. 2nd – 4th grade

January 27

**Session 1:** Pitching 3:00-4:00 p.m.

**Session 2:** Hitting 4:00-5:00 p.m.

**Session 3:** Catching 5:00 – 6:00 p.m.

5th – 7th grade

January 28

**Session 1:** Pitching 2:00-3:00 p.m.

**Session 2:** Hitting 3:00-4:00 p.m.

**Session 3:** Catching 4:00 – 5:00 p.m.

Fee: \$15 TR; \$20 NRPP; \$25 NR per session

Location: Wythe County Sports Complex

Eligibility: 2nd – 7th grade

Min 4 – Max 8 per session

Register by January 15

Late Fee: additional \$5

## CROSS COUNTY / TRACK CLINIC

Open to boys/girls – 1st – 5th grade

The clinic will have structural skills, proper running and breathing techniques as well as stretching techniques having non-competition timed races at different lengths with staff/coaches. Fee will include a dri-fit athletic shirt.

May 1 – 31

Day: Tuesday & Thursday

Time: 6:30-8:00 p.m.

Fee: \$35 TR; \$40 NRPP; \$45 NR

Location: Meet in gymnasium each day

Min 10 – Max 20

Register by April 15

Late Fee: additional \$5

## adult sports

### ADULT MEN'S 3 ON 3 BASKETBALL LEAGUE

The season will start in early March. Min 3 – Max 8 players per team.

Fee: \$180 per team

Eligibility: ages 18+ as of September 30, 2023, and out of high school

Min 4 – Max 12 teams

Register by February 19

Late Fee: additional \$5

## GYM RULES AND REGULATIONS

Only non-marking tennis shoes may be worn in the gymnasium. Appropriate shirts must be worn.

No food or drinks will be allowed in the gym.

Chewing gum is prohibited in the gym.

Threatening or indecent conduct is prohibited.

Abusive, profane, threatening or indecent language is strictly prohibited.

Dunking, rim hanging and net climbing will not be permitted.

- Alcoholic beverages, drugs or any person under the influence of alcohol or drugs will not be permitted on the premises.

- No skateboards, roller skates, in-line skates or skate shoes will be allowed in the gym.

- During busy times, only half court games will be allowed. Games are to 15 by 1's. Winning team can only stay on the court 2 games if players are waiting.

- Fighting is strictly prohibited.

- All basketballs must be left in the gym and returned to rack when finished using.

- All scheduled programs and leagues will be honored. All other times not scheduled will be for open gym. Please see monthly schedule.

### FEE ABBREVIATIONS

TR – Town Resident

NRPP – Non Resident with a Gold or Silver Pass Plan

NR – Non Resident

OL – Open Leisure - must have a pass plan or purchase a day pass

FREE – open to the public

## REGISTRATION INFORMATION

To register for Youth Athletics with the Town of Wytheville Parks and Recreation Department, you must either live in the Town of Wytheville and/or attend a school that is within the Town of Wytheville. No releases will be given unless the particular sport is not offered in your area during the same season.

Late registrations accepted only if space permits. All others will be put on the waiting list.

## POTLUCK LUNCHEONS

These luncheons are open to Wythe County citizens aged 40 and older. Participants are asked to bring a favorite dish to share or just stop by the store to purchase a shared dish. The department will provide drinks, utensils, meat, and paper products.

**Session I:** Tuesday, January 9

**Session II:** Tuesday, February 13

**Session III:** Tuesday, March 12

**Session IV:** Tuesday, April 9

Time: 11:30 a.m.-1:00 p.m.

Fee: Free

Location: Multipurpose Room 1 & 2

Eligibility: ages 40+

No registration required.

## FEE ABBREVIATIONS

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NR – Non Resident

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FREE – open to the public

## PICKLEBALL

Come out and play Pickleball with your friends and community. Singles or double matches will be determined by the number of registered people.

**Session I:** January

**Session II:** February

**Session III:** March

**Session IV:** April

Days: Tuesday

Time: 10:00 a.m.- 12:00 p.m.

Fee: \$5 TR; \$10 NRPP; \$15 NR

Location: Court 2

Eligibility: All Ages

Min 4 - Max 12

Register by the 25th of each month for the following month

Late fee: additional \$5

## CPR CLASSES

Want to get certified in CPR? Now is your chance! Take advantage of this class to become CPR, AED, and Basic First Aid certified.

Saturday, February 24

Time: 8:00 a.m.-12:00 p.m.

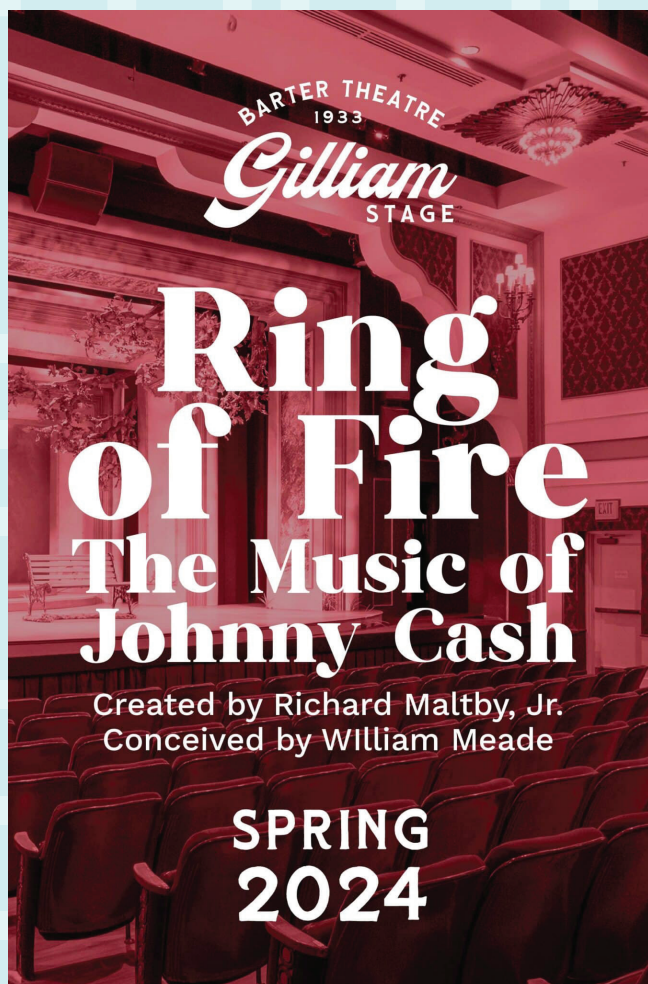
Fee: FREE

Location: Multipurpose Room 3

Eligibility: ages 18+

Min 5-Max 20

Register by February 17



## ACTIVE ADULT TRIP: BARTER THEATRE - RING OF FIRE

The Music of Johnny Cash Trip information to be announced in January 2024.



Follow us on  
facebook

Follow us on Facebook to learn more about this trip and other pop-up trips and events!



## ACTIVE ADULT TRIP: AFTERNOON TEA AT THE HOTEL ROANOKE & CONFERENCE CENTER

The Regency Room and The Hotel Roanoke & Conference center are excited to welcome back a long-time service tradition, High Tea. Classic afternoon high tea service features freshly brewed English Black Tea, a variety of finger sandwiches, baked scones, creams, and sweets. Fee includes transportation and meal.

Friday, April 5

Time: Depart at 12:00 p.m.

Fee: \$35 TR; \$40 NRPP; \$45 NR

Eligibility: ages 40+

Min 5-Max 12

Register by March 28

Late fee: additional \$5

## ACTIVE ADULT TRIP: MYSTERY DINING

Join us as we travel to a mystery location for lunch. Each location will be a moderately priced, non-chain restaurant in a town or location approximately 30 minutes to an hour from Wytheville. You'll have an opportunity to explore a new area and enjoy a great meal. Fee includes transportation only. The meal cost is on your own.

**Session I:** Wednesday, January 17

**Session II:** Wednesday, March 13

**Session III:** Wednesday, April 17

Time: Depart at 11:00 a.m.

Fee: \$10 TR; \$15 NRPP; \$20 NR

Eligibility: ages 40+

Min 5-Max 12

Register one week prior to each session.

Late fee: additional \$5

## BINGO

This simple game is fun to enjoy with friends. Themed snacks, drinks, bingo cards and markers will be provided. Prizes will be awarded to winners.

**Session I:** Wednesday, February 7 – Movie snack



prize baskets

**Session II:** Wednesday,

February 14 – Valentine prize baskets

**Session III:** Wednesday, February 21 – White Elephant prize baskets

**Session IV:** Wednesday, February 28 – Old Fashioned Soda Float prize baskets

Time: 10:00 – 11:00 a.m.

Fee: \$5 TR; \$10 NRPP; \$15 NR

Location: Multipurpose Room 1

Eligibility: ages 40+

Min 10 - Max 25

Register one week prior to the session.

Late fee: additional \$5

## NRV SENIOR GAMES

Christiansburg Department of Parks and Recreation will be the host agency for the 2024 New River Valley Senior Games. The games will be held April 28- May 3 and are open to all New River Valley residents 50 years of age and older. Through a multitude of athletic and social events, participants can display their athletic ability, in addition to exchanging and sharing common ties and interests with other senior individuals. More information will become available in February. To be added to the mailing list for information please contact Christiansburg Parks and Recreation at 540-382-2349 or email [tcaldwell@christiansburg.org](mailto:tcaldwell@christiansburg.org).

# youth/teen center

If you are looking for fun and excitement, look no further. Plenty of activities to choose from, including billiards, ping pong, air hockey, shuffleboard, and the latest games for Nintendo Switch, Play Station 5, and Xbox X! Stop by and check it out!

Tuesday–Friday 3:00–8:00 p.m., Saturday 1:00–8:00 p.m., Sunday 1:00–6:00 p.m.

## KIDS NIGHT OUT

Children will play games, enjoy arts and crafts, and play sports all while their parents can enjoy time out on the town! All activities will be supervised, and children will be provided with pizza for dinner, as well as snacks and drinks.

**Session I:** Friday, January 12

**Session II:** Friday, February 16

Time: 6:00 – 8:30 p.m.

Fee: \$7 TR; \$12 NRPP; \$17 NR

Location: Teen Center, Climbing Wall, Gym, Racquetball Courts

Eligibility: ages 6-12

Min 5 – Max 20

Register 1 week prior to session

Late Fee: additional \$5

## FAMILY TRIVIA NIGHT

Join us in the teen center for a family fun night of trivia. Bring the whole family for pizza, drinks, and snacks and test your trivia skills for a chance to win a prize!

Friday, January 26

Time: 5:00 – 7:00 p.m.

Fee: \$5 TR; \$10 NRPP; \$15 NR

Eligibility: ages 6+

Min 10–Max 20

Register by January 19

Late fee: additional \$5

## FEE ABBREVIATIONS

TR – Town Resident

NRPP – Non Resident with a Gold or Silver Pass Plan

NR – Non Resident

OL – Open Leisure – must have a pass plan or purchase a day pass

FREE – open to the public

## WYTHEVILLE NINJA WARRIOR

Are you built tough? Come show off your strength and agility at the Wytheville Ninja Warrior competition. This ninja warrior program will have a modified course each week to offer a different challenge for the participants. At the end of the program, total times will be calculated, and the overall winners per each age category will be announced.

**Session I:** February 5, 12, 19, 26

**Session II:** March 4, 11, 18, 25

Days: Monday

Time: 5:30 – 7:30 p.m.

Fee: \$15 TR; \$20 NRPP; \$25 NR

Location: Rockwall

Eligibility: ages 7+

Min 5 – Max 15

Register 1 week prior to session





## INDOOR SOCCER

Join us on Fridays for indoor soccer games in the gym. Bring closed toe shoes and water. Participants will be separated into teams of 3 – 6 people. Each team will play 2 games and each game will last 24 minutes with two 10-minute halves and a 4-minute half time.

**Session I:** Friday, April 5

**Session II:** Friday, April 12

**Session III:** Friday, April 19

**Session IV:** Friday, April 26

Time: 6:00 – 8:00 p.m.

Fee: \$5 TR; \$10 NRPP; \$15 NR

Location: Court 2

Eligibility: ages 12+

Min 6 – Max 18

Register 1 week prior to session

Late fee: additional \$5



Fee: \$5 TR; \$10 NRPP; \$15 NR

Eligibility: Ages 2 – 5

Min 5 – Max 10

Register one week prior to the session.

Late Fee: additional \$5

\*Parent/Guardian Participation is Required.

## EASTER EXTRAVAGANZA

Join us along with the Easter bunny for a fun Saturday in Withers Park for an egg hunt everyone is sure to enjoy! Parents may not pick up eggs and you must supply your own basket.

Saturday, March 23

Time: 10:30 a.m. for ages 6-9

11:00 a.m. for ages 5 and under

Inclement Weather Date: March 30

## PRE-SCHOOL PLAYTIME

Children will be encouraged to develop gross-motor movement, language skills, and engage in physical activity through songs, games, and independent play. A theme will be provided through books, songs, and structured play. Crafts and culinary activities will be introduced when appropriate for the theme. Free play will be allowed to foster independent learning and social interactions at the end of the class.

**Session I:** January 4, 11, 18, 25

**Session II:** February 1, 8, 15, 22, 29

**Session III:** March 7, 14, 21, 28

**Session IV:** April 4, 11, 18, 25

Day: Thursday

Time: 10:00 am – 11:00 am

## BABYSITTING CERTIFICATION COURSE WITH PEDIATRIC FIRST AID AND CPR CERTIFICATION

Babysitter's Training and Pediatric First Aid/CPR provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe and help children behave; and learn about basic child care. The course also includes a certification for first aid and Pediatric CPR.

Saturday, February 3; 8:00 a.m. – 5:00 p.m. (Bring a lunch) and

Sunday, February 4; 1:00 – 6:00 pm

Fee: \$120 TR; \$125 NRPP; \$130 NR

Location: Wytheville Community Center

Eligibility: ages 11-18

Min 4 – Max 10

Register by January 27

Late Fee: additional \$5

**100% participation required**



*Follow us on Facebook to learn more about Pop Up Events and for more information on all Holiday Activities!*



## POOL HOURS

Monday-Friday	6:00 AM-12:00 PM
Monday-Friday	4:00 PM-8:00 PM
Saturday	10:00 AM-7:00 PM
Sunday	1:00 PM-5:30 PM

## WATER PARK HOURS

Monday-Friday	10:00 AM-12:00 PM
Monday-Friday	4:00 PM-8:00 PM
Saturday	10:00 AM-7:00 PM
Sunday	1:00 PM-5:30 PM

*The pool will be open from 12-4 p.m. on all days Wythe County Public Schools are out due to holidays, teacher workdays, or weather closings.*

### In order to keep your visit to the Wytheville Community Center Natatorium safe and enjoyable, we ask that you follow these rules:

- All youth under 12 must be attended by an adult or person older than 16, with the exception of aquatic programs.
- Everyone is required to shower before entering pool.
- No running or horse-play.
- Diving will be permitted from the 8 ft. 6 in. wall ONLY.
- No food or gum. Beverages must be in plastic containers.
- Proper swimsuits are required. No thong bathing suits.
- Children who are not toilet trained must wear a swim diaper.
- Inflatable flotation devices are NOT permitted. U.S. Coastguard approved lifejackets will be permitted.
- Equipment is for class use only and may not be used as toys or flotation devices.
- You must be at least 14 years old to use whirlpool/spa.
- Persons under 14 years old must have adult supervision to enter therapy pool.
- Swim tests may be required for pool/slide use.
- Persons under the age of 18 may not enter the therapy pool Monday-Friday from 8 a.m.-12 p.m. unless permission is given. This time is used for therapy use only.

**All rules are subject to change. Wytheville Community Center Staff has final authority.**

## LIFEGUARDING CERTIFICATION COURSE

Are you 15 or older and looking for a great job or a challenging career? American Red Cross Lifeguarding is the best place to start! Lifeguarding puts you in an exciting position working as part of a team to help people safely enjoy the water. This course teaches lifeguard candidates the skills and knowledge needed to prevent and respond to aquatic emergencies. The course content and activities prepare candidates to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries. This is a 25-hour course. 100% participation required. After passing the Lifeguard Certification course, one would be eligible for employment at the Wytheville Community Center and our outdoor pool, McWane Pool. Session I: Thursday, Friday, Saturday & Sunday; February 22-25

Register by February 8

Session II: Thursday, Friday, Saturday & Sunday; March 14-17  
Register by February 29

Session III: Thursday, Friday, Saturday & Sunday; April 25-28  
Register by April 11

Time: Thursday: 4:00-9:00 p.m.

Friday: 4:00-9:00 p.m.

Saturday: 9:00 a.m.-5:00 p.m.

Sunday: 12:30-7:00 p.m.

Fee: \$200 TR; \$205 NRPP; \$210 NR

Location: Wytheville Community Center Pool

Eligibility: ages 15+

Min 3 - Max 10

Late Fee: additional \$5

**100% participation required**



**T**he Wytheville Community Center aquatic staff would like to welcome you to the Natatorium. The Natatorium includes a Junior Olympic pool, Water Play Park with five water features, therapy pool and whirlpool. The Community Center Natatorium offers a variety of aquatic programs: swim lessons for all ages, age group swim team practices and meets and shallow and deep-water aerobics.

## WYTHEVILLE WAVES SWIM TEAM

Emphasis will be placed on learning the four competitive strokes correctly, as well as diving. Swimmers will practice in a fun, safe environment. The program is great for swimmers wanting to improve their strokes, athletes trying to stay fit between seasons, as well as competitive swimmers. **Swim team practices are divided into 4 groups: Ripples, Bronze, Silver, and Gold. If you are unsure which group your child belongs in then you can set up a swim evaluation with Coach JT at jessie.boyd@wytheville.org or call 223-3525**

**Ripples:** New swimmer. For ages 5 – 8. Ripples will focus on the foundation skills needed for the four competitive swim strokes such as streamline, body position, learning the correct kick for each stroke (Butterfly, Backstroke, Breaststroke, and Freestyle). This group will also learn how to dive. Must be able to tread water for 45 seconds, swim one full length of the lap pool on front, and be able to float on back.

**Bronze:** Novice swimmer. For ages 7 to 11. Bronze will focus mostly on technique and learning the four competitive strokes of swim team. The Freestyle, Backstroke, Breaststroke and Butterfly races. This group will also introduce Streamlines/Turns/Starts for all four strokes as well. The minimum skill level required to join the Bronze group is to: Tread water for 1 minute, swim 25 yards (one full pool length) of freestyle or front crawl and swim 25 yards of backstroke.



**Silver:** Intermediate swimmer. For ages 11 to 18. This swimmer should be able to demonstrate the basic idea of all four competitive strokes. The Silver group will also start endurance training, sprint training and race training. The minimum skill level required to join the Silver group is to be able to demonstrate a basic understanding of all four strokes, turns and dives.

**Gold:** Advanced swimmer. For ages 11 to 18. This swimmer knows how to swim all four competitive strokes and is looking to swim more competitively. Gold will learn advance swim skills, and will train on technique, endurance, strength, speed, sprinting, race and more. Must have the Coach's recommendation to join Gold.

**January 8 – April 12**

**Ripples:**

Monday, Wednesday, Friday; 4:15-5:00 p.m.  
Min 7 – Max 24

**Bronze:**

Monday, Wednesday, Friday; 4:50-5:45 p.m.  
Min 7 – Max 30

**Silver:**

Monday, Wednesday, Friday; 5:35-6:45 p.m.  
Min 7 – Max 40

**Gold:**

Monday, Wednesday, Friday; 6:35-8:00 p.m.  
Min 7 – Max 40

Eligibility: ages 5-18

Fee: TR \$55 for first child, \$40 for each additional child;  
NRPP \$60 for first child, \$45 for each additional child;  
NR \$65 for first child, \$50 for each additional child  
Register by January 8

## WYTHEVILLE WAVES MASTERS SWIM CLUB

Wytheville Waves Masters Swim Club is open to adult swimmers 18+ of all abilities. For those who are training for triathlons, open water swimming and those who want to participate in fitness through swimming. The masters swim club will be coached by Coach JT who has over a decade of coaching experience.

Date: January 8 – April 12

Time: Monday, Wednesday, Friday 6:30-7:30 a.m.

Fee: \$100 TR; \$105 NRPP; \$110 NR

Location: Wytheville Community Center

Eligibility: ages 18+

Min 4 – Max 40

Register by January 8

Late Fee: additional \$5

# swim lessons

The Wytheville Community Center utilizes American Red Cross certified water safety instructors who are specifically trained in swimming instruction. Currently we offer Red Cross Lessons up through level 4. The American Red Cross swim curriculum focuses on teaching foundational skills and building on those skills throughout all the levels, while adding fun and important water safety skills and safety around the water information mixed into the lessons.

**If you are unsure which level to register for, please reach out to JT Boyd to schedule a swim evaluation at [jessie.boyd@wytheville.org](mailto:jessie.boyd@wytheville.org) or call 223-3525.**

## SWIM LESSON SCHEDULE

**SESSION I: Tuesday & Thursday**  
February 6 – February 29  
*Register by February 1*

5:30–6:00 p.m.	6:15–6:45 p.m.	7:00–7:30 p.m.
Level 1	Level 1	Level 2

**SESSION II: Tuesday & Thursday**  
March 5 – 28  
*Register by February 29*

5:30–6:00 p.m.	6:15–6:45 p.m.	7:00–7:30 p.m.
Level 1	Level 2	Level 3

**SESSION III: Tuesday & Thursday**  
April 2 – 25  
*Register by March 28*

5:30–6:00 p.m.	5:30–6:00 p.m.	6:15–6:45 p.m.	7:00–7:30 p.m.
Level 1	Level 4	Level 2	Level 3

**Fee: \$40 TR; \$45 NRPP; \$50 NR**

**Eligibility: ages 4–18**

**Min 2–Max 6**

**Late Fee: additional \$5**

### MAKE-UP DAYS

We do have scheduled make up days for instances such as thunderstorms or the pool closing for any reason. We do not make up lessons that are missed due to illness or other personal reasons our participants might have.

### WAITING LIST

If a class is full and you would like to be notified of any openings, we do have a waiting list available.

### CANCELLATIONS

We require a minimum of 2 participants for a class to be held. If we do not reach that number, we will cancel the class. Calls will be made to those already signed up to inform them of the cancellation.

## UNDERWATER EASTER EGG HUNT

The Easter Bunny is in a hurry to place all his eggs before Easter. In his rush he accidentally dropped his eggs and they have spilled out all over the pool! Come help the Easter Bunny gather all his eggs so he doesn't miss his deadline for Easter! Bring your swim suit and swim around gathering eggs, once you have gathered 20 eggs you can turn them into the Easter Bunny for a goodie bag as a thank you for helping. Come join us for a family fun event in the pool!

Children 4 and under must have an adult in the pool with them.

Date: Friday, March 22

Time: 6 & under 5:30 – 6:30 p.m.

7–12 years old 7:00 – 8:00 p.m.

Fee: \$5 TR; \$10 NRPP; \$15 NR

Eligibility: 12 & under

Min 10 – Max 40

Register by March 15

Late Fee: additional \$5





## LESSON DESCRIPTIONS

### LEARN-TO-SWIM LEVELS:

#### LEVEL 1

This class is for beginner swimmers. Participants learn to be comfortable in water and to enjoy the water safely. Basic skills are learned which will set the basis for skills learned in later levels. Skills taught include: water safety rules, entering water correctly, bobbing 3 times, floating (front and back), front and back glides, rolling over, arm and leg motions, and combined strokes with support.

#### LEVEL 2

**Prerequisite:** Level 1 or must be able to demonstrate requirements for level 1.

The objective is to give participants success with fundamental skills. Participants learn to float without support and recover to a vertical position. This level marks the beginning for true locomotion skills. Participants explore simultaneous and alternating arm and leg actions on the front and back to lay the foundation for future strokes. Skills taught include: front and back floating unsupported, front and back glides, combined stroke on front and back and roll from front to back.

#### LEVEL 3

**Prerequisite:** Level 2 or must be able to demonstrate requirements for level 2.

Participants will learn to coordinate the front crawl and back crawl. Elements of the butterfly and the fundamentals of treading water will be introduced at this level. Participants will also learn rules for diving and begin to dive from the side of the pool. Skills taught include: front crawl, back crawl, butterfly kick, beginning diving skills and rotary breathing.

#### LEVEL 4

**Prerequisite:** Level 3 or must be able to demonstrate requirements for level 3.

Participants will transition into more efficient and advance versions of the four strokes. Working on Freestyle, Backstroke, Breaststroke, and Butterfly. They will be learning various methods of diving including the shallow dive and two surface dives. Swimmers will build endurance by swimming 25 yards to 50 yards continuously at a time. Swimmers completing level 4 start to become stronger more confident swimmers.

### PRIVATE SWIM LESSONS

Private individual and group lessons are now being offered through the Wytheville Community Center. Private lessons are open to all age groups and ability. Limited time and space is available for these lessons. Please call 223-3378 for more information.

**Call for days and times as they vary per instructor**

Rates: **Per half hour:**

\$15 TR; \$20 NRPP; \$25 NR

**Per hour:**

\$25 TR; \$30 NRPP; \$35 NR

**Requires two-week advance registration.**

## BABYSITTING CERTIFICATION COURSE WITH PEDIATRIC FIRST AID AND CPR CERTIFICATION

Babysitter's Training and Pediatric First Aid/CPR provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe and help children behave; and learn about basic child care. The course also includes a certification for first aid and Pediatric CPR.

Saturday, February 3; 8:00 a.m. - 5:00 p.m. (Bring a lunch) and

Sunday, February 4; 1:00 - 6:00 pm

Fee: \$120 TR; \$125 NRPP; \$130 NR

Location: Wytheville Community Center

Eligibility: ages 11-18

Min 4 - Max 10

Register by January 27

Late Fee: additional \$5

**100% participation required**

## SPLASH START: PARENT & TOT AQUATIC ADVENTURE

Dive into a world of aquatic fun and safety with your little one! Our one-day swim lesson event is designed exclusively for babies and toddlers aged 6 month to 3 years old, and their parents or guardians. Here's what to expect:

**Water Safety:** We prioritize teaching parents essential water safety skills to ensure a secure and enjoyable experience for your child

**Parent Education:** Learn how to create a positive and nurturing environment for your little swimmer in the water.

**Bonding:** Strengthen the parent-child bond as you both explore the joys of swimming together.

**Fun & Games:** Engage in exciting water-based activities that promote confidence and coordination in the water.

**Expert Guidance:** Our certified instructors bring years of experience and knowledge to make this day memorable and safe.

Date: Saturday, April 13

Time: 10:30 - 11:15 a.m.

Fee: \$20 TR; \$25 NRPP; \$30 NR

Eligibility: 6 months to 3 years

Min 4 - Max 10

Register by April 6

Late Fee: additional \$5



# PRE-SCHOOL PLAYTIME

CHILDREN WILL BE ENCOURAGED TO DEVELOP GROSS-MOTOR MOVEMENT, LANGUAGE SKILLS, AND ENGAGE IN PHYSICAL ACTIVITY THROUGH SONGS, GAMES AND INDEPENDENT PLAY.

Fee:

\$5 TR

\$10 NRPP

\$15 NR

Late Fee:  
additional \$5

Session I: January 4, 11, 18, 25

Session II: February 1, 8, 15, 22, 29

Session III: March 7, 14, 21, 28

Session IV: April 4, 11, 18, 25

Day: Thursday

Time: 10:00 am - 11:00 am

Eligibility: Ages 2 - 5

Min 5 - Max 10

Register one week prior to the session.

Late Fee: additional \$5

\*Parent/Guardian Participation is Required.

Play

Explore

Learn

## LINE DANCING

12 Week Course

January 25-April 11

Every Thursday @ 11:00 a.m.

Fee:

\$60 TR

\$65 NRPP

\$70 NR

See page 27

for more information

Line dancing is an alternative way to be more active, meet new friends, increase stamina and cardiovascular endurance, improve balance, move rhythmically to energizing music, release stress, and just have fun! No dance experience needed, just the desire to move and have fun!





June 3  
to  
AUGUST 9

DATES SUBJECT TO  
CHANGE BASED ON  
SCHOOL CALENDAR



# KID VENTURE 2024

**You are responsible for payment  
for the entire summer, whether  
your child attends or not.**

**First weeks payment  
is due upon registration  
and is non-refundable**

**K - 6TH GRADE**

(Must have completed Kindergarten and cannot turn 12 by June 1, 2024)

Join us for a summer full of fun!  
Activities include rock climbing,  
hiking, swimming, games, tie-dye,  
slip & slide, and much more!

## Weekly Price

**Billed Once a Week**

TR – \$90 for first child, \$75 for second child  
NRPP – \$95 for first child, \$80 for second child  
NR – \$100 for first child, \$85 for second child

**Two Billing Options**

**Credit/Debit card or  
Checking/Savings account**

FULL TIME  
(MON-FRI)  
REGISTRATION  
BEGINS

**APRIL 1ST**

**IN PERSON  
REGISTRATION  
ONLY**



@TownofWythevilleParksand Recreation



# cardio/weight room

The Fitness Staff welcomes you to the Wytheville Community Center's state-of-the-art Fitness Facility. We offer 4,000+ square feet of Precor Strength Machines, Treadmills, Ellipticals, Adaptive Motion Trainers, Stairmasters, Recumbent/Upright Bikes and a variety of Free Weight Equipment to help you reach your fitness goals. New to exercising or need a refresher on how to safely use the equipment? We got you covered with a complimentary equipment orientation. Call (276) 223-3527 or stop by the Fitness Desk to schedule your equipment orientation today!

**Fitness Area Age Requirement: 12+**

## ADVANCED YOUTH ORIENTATION (12+)

The Advanced Youth Orientation allows participants 12 years of age and older to exercise in the free weight area without adult supervision. The orientation will cover detailed instruction on proper form, technique, spotting and safety precautions while utilizing the free weight area. Each participant must receive a regular equipment orientation prior to registering for the Advanced Youth Orientation. Call Brandon Wolford at (276) 223-3538 to schedule your Advanced Youth Orientation today!

Fee: OL

Location: Fitness Area

Eligibility: ages 12+

## FITNESS CONSULTATION

Don't know how or where to get started on your fitness goals? Our fitness professionals are here to help you set realistic health and fitness goals to reach your maximum potential! Call the fitness experts, Brandon Wolford (276) 223-3538 or Becky Irvin (276) 223-3526, to start your complimentary Fitness Consultation today!

Fee: OL

Location: Fitness Area

Eligibility: ages 12+

## FIT3D BODY SCANNER

The FIT3D Body Scanner provides state-of-the-art 3D body scanning technology that accurately captures over 100 measurements, 1,000 images over the course of 35 seconds with results privately sent to your phone, tablet or computer! Your scan will include Weight-Loss, Body Fat Percentage, Lean Mass, Fat Mass, Body Circumference Measurements, 3D Avatar, Comparison Overlay, Posture Analysis, Balance Assessment, Body Shape Rating and more! For more information or to register for your FIT3D Body Scan today, call (276) 223-3378!

Fee: Gold Pass Plan (Annual or Continual) 4 Scans Per Year

All other scans: \$5

Location: Fitness Area

Eligibility: Ages 12+

## HEALTH AND FITNESS RESOLUTIONS YOU CAN STICK TO: PAUL ROGERS, RDN

Are you wanting to loose weight, but just not sure where to start? Have you tried so many different things this year and nothings seems to "stick?" Join Registered Dietitian Paul Rogers as he shows you what you can focus on in the coming year. We will break down your health and fitness goals in to manageable steps that you can stick to. Learn how to jumpstart your weight loss and KEEP IT OFF!

Monday, January 22

Time: 6:00-7:00 p.m.

Location: Multipurpose Room 2 & 3

Fee: OL

Eligibility: ages 18+

Min 10 - Max 40

Register by January 15

## PACE YOURSELF TRIATHALON

Not interested in completing a triathlon all in one day? Join us for the Wytheville Community Center's 2nd annal "Pace Yourself Triathlon" March 1-31. Participants will run or walk 26.2 miles, bike 112 miles and swim 2.4 miles at your own pace throughout the month of March.

**Eligible Equipment:** Run: Outside, Indoor Track, Treadmill or Elliptical; Bike: Outside, Spin Class or Recumbent Bikes; Swim: Indoor Pool

Month of March

Fee: Day Pass, Silver Pass Plan or Gold Pass Plan

Eligibility: ages 12+

Register by February 23





## FIT FOR LIFE (EXERCISE, NUTRITION & WEIGHT-LOSS PROGRAM)

Start the New Year off right with the Wytheville Community Center's successful exercise, nutrition & weight-loss program "Fit for Life." Starting **February 5**, the Fit for Life Program will feature two weekly exercise sessions and one bi-weekly nutrition session on Monday & Wednesday mornings and is free to residents of Wythe & Bland County who have a BMI over 25. Eligible participants will receive a free three-month family gold pass plan for the duration of the program. Enrollment is limited to 30 participants and Fit for Life Graduates can re-enlist back into the program after one year if space allows. To apply, you must register and attend the application meeting at the Wytheville Community Center. Call (276) 223-3378, for more information and to register. This program is made possible by the Wythe-Bland Foundation, Town of Wytheville Parks & Recreation, Wythe County Community Hospital and Talon Nutrition.

Application Meeting:

Wednesday, January 17

Time: 10:00 a.m.

Location: Multipurpose Room 2 & 3

Fee: Free

Eligibility: ages 18+

Min 10 - Max 30

Register by January 16

## YOUTH FITNESS CHALLENGE (2ND-5TH GRADE)

Fuel up and get active for 60 minutes with our fun and interactive after school "Youth Fitness Challenge" Program that is free for residents of Wythe & Bland County. Starting **March 18**, the six-week Youth Fitness Challenge will inspire our youth to get moving through our series of exciting activities such as ninja warrior courses, kayaking, rock climbing, sports and various other recreational activities. Eligible participants will receive a free two-month family silver pass plan for the duration of the program. Enrollment is limited to 20 participants and previous Youth Fitness Challenge participants can re-enlist back into the program if space allows. To apply, you must register and attend the application meeting at the Wytheville Community Center. Call (276) 223-3378, for more information and to register. This program is made possible by the Wythe-Bland Foundation and Town of Wytheville Parks & Recreation.

Application Meeting:

Wednesday, March 6

Time: 6:00 p.m.

Location: Multipurpose Room 2 & 3

Fee: Free

Eligibility: Grades 2nd-5th

Min 10 - Max 20

Register by March 5

## BUILDING FUTURE ATHLETES (3RD-6TH GRADE)

It's never too early to get your future athlete to learn the basics of building a solid foundation for strength training! Certified Strength & Conditioning Specialist and USA Weightlifting Sports Performance Coach Brandon Wolford will focus on proper dynamic warm-ups, proper form and technique for future strength training, jumping, landing, injury prevention and more!

Thursday, April 11

Time: 4:00 - 5:00 p.m.

Fee: \$10 TR; \$15 NRPP; \$20 NR

Location: Gymnasium Court 1

Eligibility: grades 2-6

Min 4 - Max 10

Register by April 4

Late fee: additional \$5

## ATHLETE PERFORMANCE TESTING

Attention all athletes! The Wytheville Community Center is now offering standardized athlete testing, the essential components to build your athletic profile for college recruits. Certified Strength & Conditioning Specialist Brandon Wolford will first educate athletes on the proper fundamentals for a successful test and then will conduct athletic performance measurements using Zybek Sports testing lasers. Testing will include: 40 Yard Dash, Pro-Agility (5-10-5), L-Drill, Vertical Jump (Vertec), Broad Jump, Fit3D Body Scan and more. Let us take the guess work out of performance tracking to deliver the results you can trust!

March 1-31

Day: See Front Desk for Availability

Time: Varies Per Day

Fee: \$30 TR; \$35 NRPP, \$40 NR

Location: Gymnasium

Eligibility: ages 12+

## FIT FOR LIFE WELLNESS PROGRAMS

### UPCOMING PROGRAMS:

**Fit for Life (Morning/ Evening Class) Senior Wellness, Ultimate Fitness Adventures (6th-8th Grade) & Youth Fitness Challenge (2nd-5th Grade) Programs**

Call (276) 223-3538 regarding additional information and to be added to the registration reminder list for upcoming Senior Wellness, Ultimate Fitness Adventures, Youth Fitness Challenge and Fit for Life Programs.

JOIN US FOR THE 1ST ANNUAL

# SPRINT AT CRYSTAL SPRINGS MOUNTAIN BIKE RACE

## APRIL 13, 2024

- Beginner class will be approximately 5 miles
- Sport class will be approximately 12 miles
- XC class will be approximately 17 miles.

### REGISTRATION \$30

REGISTER BY MARCH 30  
NO DAY OF REGISTRATION

LOCATION:

723 PUMP HOLLOW RD,  
WYTHEVILLE, VA 24382

START AT 8:00AM

FINISH BY 1:00PM

AGES 14+

**CALL (276)223-3378 FOR MORE  
INFORMATION OR TO REGISTER**



@TownofWythevilleParksandRecreation





# FISHING TRIP

## CEDAR SPRINGS TROUT FARM

**MONDAY, APRIL 29**

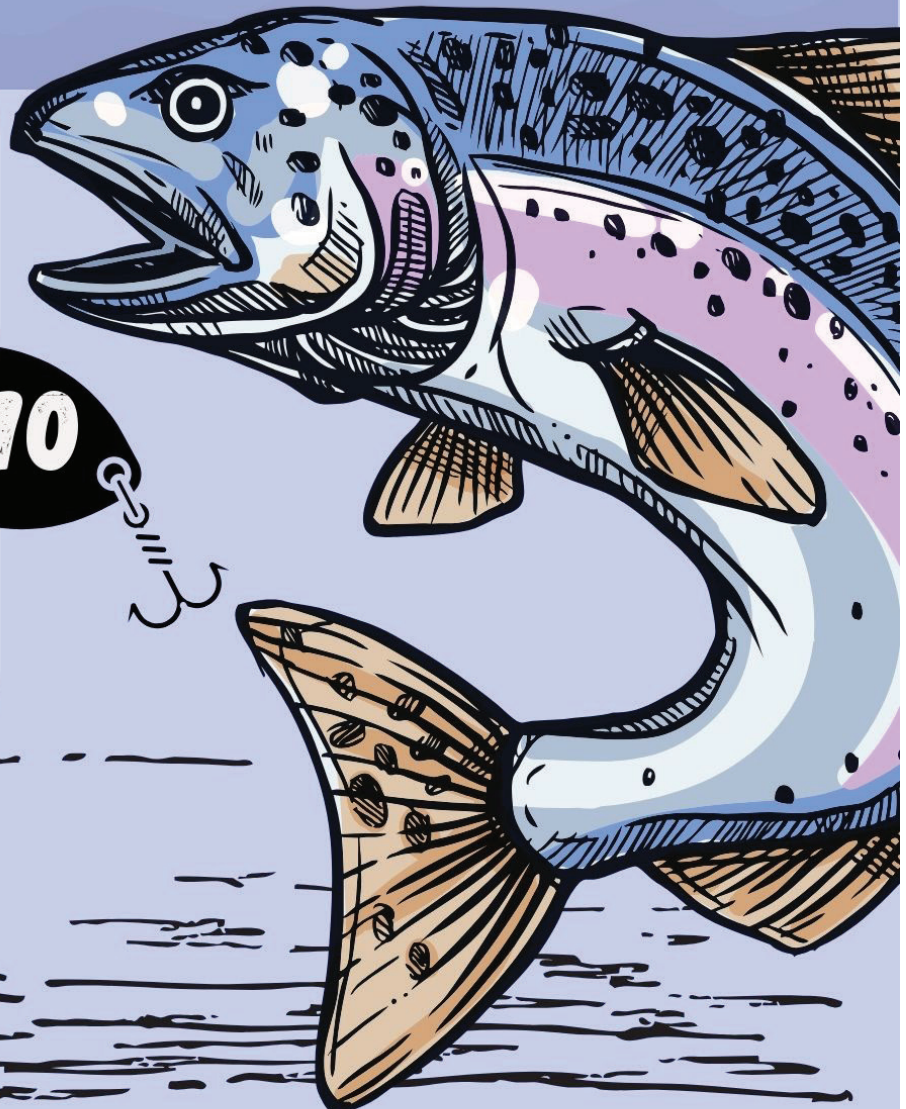
NOW IS YOUR CHANCE TO SPEND A DAY ON THE STREAM AND CATCH A TROPHY TROUT OF YOUR DREAMS! JOIN US ON THE SCENIC 2 MILE STRETCH OF CRIPPLE CREEK STOCKED DAILY WITH FISH 2LBS AND UP. LUNCH & TRANSPORTATION PROVIDED.

TIME: 6:15AM-4:00PM

### REQUIREMENTS

- 18 YEARS OF AGE & OLDER.
- VIRGINIA FRESHWATER LICENSE REQUIRED.
- FISHING ROD & TACKLE REQUIRED.
- YOU MAY KEEP THE LEGAL LIMIT OF 6 FISH PER PERSON.
- NO CATCH & RELEASE.
- MIN 4-MAX 6.
- REGISTER BY APRIL 15.

**\$70**



**REC.WYTHEVILLE.ORG**

**(276) 223-3378**

**333 COMMUNITY BLVD.**



# PERSONAL TRAINING

## 60-MINUTE SESSION

1 Session – \$35  
5 Sessions – \$165  
(\$33/Session)  
10 Sessions – \$300  
(\$30/Session)

## PERSONAL TRAINERS



BECKY IRVIN



NICK PATEL



THELMA SURBER



NEAL HAWKS



BRANDON WOLFORD

## BUDDY TRAINING 60 MINUTE SESSION

2 Participants-\$45  
(\$22.50 per person)  
3 Participants-\$55  
(\$18.33 per person)  
4 Participants-\$65  
(\$16.25 per person)



## BUY 5, GET 1 FREE PERSONAL TRAINING JANUARY PROMO

You don't want to miss out on this January deal!  
Buy 5 Personal Training Sessions, get 1 free, plus  
(1) complimentary Fit3D Body Scan! Let our Certified Personal Trainers start the transformation process today! You must schedule all 6 sessions when you register.

Day: Varies Per Trainer

Time: See Front Desk Staff for Certified Personal Trainer

Availability

Fee: \$165

Location: Fitness Center

Eligibility: ages 12+

Register by January 31



# group exercise classes

Exercising in a group environment is fun as well as motivational. We offer a wide variety of classes and workout styles on land and in the water. If your goals are cardiovascular improvement or building strength and endurance, we encourage you to try one of our many classes. Classes are open to Gold pass plan members or by purchasing an aerobic day pass. Please keep in mind that all classes are subject to adequate registration. If a class is cancelled by the 27th of each month, another popular class format will be put in the same time slot as the cancelled class.

For specific question regarding classes, please contact Becky Irvin at 276-223-3526.

## AB EXPRESS

Ab Express is a fun packed 30 minutes used to tone, build, and strengthen the abdominal muscles. We will use a variety of exercises that will target your whole core, including floor work, balance moves and weighted exercises. Min 8-Max 20

### Session I:

Day: Monday

Time: 6:30-7:00 p.m.

### Session II:

January 5-26

Day: Friday

Time: 9:45-10:15 a.m.

### Session III:

March 1-29

Day: Friday

Time: 9:45-10:15 a.m.

## BASIC FITNESS & FALL PREVENTION

This class focuses on everyday functional movements to help improve the quality of life by providing low impact exercises to improve cardiovascular function, strength flexibility and balance and fall prevention. This class is great for Seniors or anyone new to fitness. (Beginner level) Min 8-Max 20

Day: Tuesday

Time: 11:00-11:45 a.m.

## BATTLE ROPE INTERVALS

Blast fat, tone muscles and strengthen your core in this 30- minute kick butt workout. This class will include intervals of battle rope drills combined with body weight work. Get a complete total body workout in a quick 30-minute format.

Min 5 - Max 10

### Session I:

February 3-24

Day: Saturday

Time: 9:00-9:30 a.m.

### Session II:

April 4-25

Day: Thursday

Time: 5:30-6:00 p.m.

## BARRE ABOVE®

Barre Above® is a totally unique approach to barre workouts as you've seen them. Fusing the best of pilates, yoga, aerobics, and elements of the strengthening exercises dancers do, Barre Above® delivers a results-driven workout that is not only fun and dynamic, but it will sculpt your body and get you into amazing shape. Min 8-Max 20 **NEW DAY!! SAME GREAT CLASS**

Day: Wednesday

Time: 6:30-7:15 p.m.

## NEW! BODY FLEX

Hit the weights in this easy-to-follow class using barbells, dumbbells, bands, and other resistance tools to build muscle, boost metabolism, and increase endurance. This class is great for all levels of fitness. Min 8- Max 20

### Session I:

January 4-25

Day: Thursday

Time: 5:30-6:15 p.m.

### Session II:

March 1-29

Day: Thursday

Time: 5:30-6:15 p.m.

## BOOT CAMP BLAST

Get ready to get up and go! This class will focus on a combination of strength and cardio training, using body weight and/or equipment, plus the highly effective Tabata method – alternating high intensity cardio with periods of rest. The workouts end with core and flexibility training. Appropriate for all levels. Low impact options always offered. We meet inside the aerobic studio but may take it outdoors. Min 8-Max 20

April 6-27

Day: Saturday

Time: 9:00-9:45 a.m.

## BOUNCE INTERVALS

A heart pounding cardio class on our Jump Sport Pro Fitness Trampolines. In this class, you'll be doing non-stop cardio moves interspersed with slower sculpting moves. You'll leave this class light on your feet and feeling energized. Weight capacity for trampoline is 275 lbs. Min 8-Max 11

March 2-30

Day: Saturday

Time: 9:00-9:45 a.m.





*Must have a Gold Pass Plan or Aerobic Day Pass to participate.*

*All classes are in aerobic room unless otherwise designated.*

*Eligibility:  
ages 12+*

## CARDIO CREATIONS

This class will vary according to the instructor who is teaching and is geared to trigger your metabolism by constantly offering something new. Each week, it may be a cardio interval, cardio circuit, cardio kickboxing, cardio fusion or cardio dance. This class can be a high intensity workout with low to moderate impact, offering modifications for various fitness levels. We guarantee you will work hard and have fun all at the same time. The walking track may be incorporated. Great for all fitness levels. Min 8-Max 20  
Session I:  
Day: Monday and Wednesday  
Time: 9:00-9:45 a.m.

## CHAIR STRETCH & RELAXATION

Let go of stress and worry, in this 30-minute class that begins with light stretching, done in a chair, followed by breathwork and meditation techniques that will have you feeling relaxed and refreshed. This class is perfect for any level of fitness. Min 8- Max- 20  
Day: Wednesday  
Time: 10:00-10:30 a.m.

## FUNCTIONALLY FIT

A fun class geared for seniors or anyone looking to increase range of motion, strength, flexibility, and balance using

balls, chairs, weights, mats and bands. Great for all ages and fitness levels. Min 8-Max 20  
Day: Monday and Wednesday  
Time: 8:00-8:45 a.m.

## GENTLE YOGA

In gentle yoga, the movement is slow, each movement is linked with breath, and we enter the postures gradually moving in and out of each pose first, and then finding a holding position. This preparation and fluid entry into postures protects and nurtures the joints, muscles, and connective tissue. Perfect for newer yogis or anyone wanting a gentler approach to their practice.  
January 6-27  
Day: Saturday  
Time: 9:00-9:45 a.m.

## HIIT 30

Only have 30 minutes to get your sweat on? HIIT (High Intensity Interval Training) is the class for you. HIIT incorporates short bursts of high intensity work followed by active recovery periods. This interval-based class combines full-body strength training with high intensity cardio bursts designed to tone your body and improve your endurance. Min 8-Max 20  
Day: Monday  
Time: 6:30-7:00 p.m.

## INDOOR CYCLING

A low impact cardio workout on a stationary bike that has a weighted flywheel. Cycling includes seated and climbing positions. Cycling works the upper and lower legs and the core, as well as isolation exercises for other muscle groups. This workout is appropriate for all levels. Min 5-Max 9  
Day: Monday  
Time: 6:15-7:00 a.m.

## LOW IMPACT HIIT

Go hard (but stay soft on your joints). In this class we will spend 30 minutes doing high intensity interval training with low impact moves that are easy on your joints. Get ready to sweat and feel your muscles burn in this quick format that packs a powerful punch. Min 8-Max 20  
Day: Friday  
Time: 9:00-9:30 a.m.

## LOWER BODY CHISEL

**IT'S BACK!** Trim, tone, and strengthen your entire lower body as you use barbells, free weights, resistance bands, and body weight to work the biggest muscles in your body! The class may feature strength-training circuits with short intervals of cardio and plyometrics. This class is for all levels of fitness. Min 8- Max 20  
February 1-29  
Day: Thursday  
Time: 5:30-6:00 p.m.

## PUMP IT UP!

A total body strength class utilizing barbells, free weights, and bands. In this class you will be challenging every muscle group, helping you to get



# group exercise classes

stronger while building lean muscle. All levels of fitness are welcome.

## **Session I:**

Day: Tuesday

Time: 5:30-6:15 p.m.

## **Session II:**

Day: Friday

Time: 6:15-7:00 a.m.

## STRENGTH, CORE AND MORE

Boost metabolism by increasing lean body mass. This class is designed to strengthen major muscle groups using a variety of equipment and/or your own body resistance. Modifications are offered throughout the class. Great for all fitness levels. Min 8-Max 20  
Day: Monday and Wednesday  
Time: 11:00-11:45

## SUNRISE YOGA

Start the day right with a fusion of (hatha style) yoga to help reduce stress, improve flexibility, concentration, circulation and breathing, while toning muscles to increase balance and posture for an all over mind and body experience. Gently flow through a variety of poses that will leave you refreshed and ready to start your day. This class involves standing, seated, or lying positions and is great for those just beginning yoga practice. Min 8-Max 20  
Day: Tuesday and Thursday  
Time: 8:00-8:45 a.m.

## TAI CHI AND MINDFUL RELAXATION

A slow, graceful Chinese exercise that enhances relaxation skills, mental focus and physical alignment while building leg strength, endurance, and stability. This class will focus on traditional Tai Chi forms as well as Qi Gong forms and movements. Meditation and relaxation will also be included in this class. Great for all fitness levels and very helpful in improving balance. It is best to attend this class on a regular basis to learn the various forms. Great for all ages and fitness levels. Min 8-Max 20  
Day: Monday  
Time: 10:00-10:45 a.m.

## TNT (TONE & TIGHTEN)

Shape and strengthen the entire body with dumbbells, barbells, bands, and other equipment in this 45-minute format. Each class will offer variety and focus on different muscle groups so that your body is challenged each time you show up. Keep in mind that High intensity interval training or Tabata-style moves may be incorporated into this workout. Great for all fitness levels. Modifications are offered throughout the class. Min 8-Max 20  
Day: Tuesday and Thursday  
Time: 9:00-9:45 a.m.

## NEW! YIN YOGA

Yin yoga is a style of yoga that includes specific passive poses (called yin poses) that are held for an extended time, usually 3 to 10 minutes. This practice allows you to slow down, relax, and turn inward, which helps alleviate stress and restore your energy levels. Yin yoga also improves flexibility, boosts circulation, and reduces tension. Min 8- Max 20

### **Session I:**

February 1-29

Day: Thursday

Time: 6:15-6:45 p.m.

### **Session II:**

April 4-25

Day: Thursday

Time: 6:15-6:45 p.m.

## YOGA FLOW

This class is a series of flowing postures with rhythmic breathing for an intense body-mind workout (vinyasa-style yoga). This type of yoga, with its flowing movement and fast pace, builds heat in the body and stretches the muscles of the body, practicing Ujjayi-style breathing. This class is more for those who have some experience with yoga. Think outside of the mat! Min 8-Max 20

### **Session I:**

Day: Monday and Wednesday

Time: 5:30-6:15 p.m.

### **Session II:**

Day: Friday

Time: 11:00-11:45 a.m.

### **Land Fitness Instructors:**

Becky Irvin (Fitness Coordinator) Thelma Surber, Irene Daugherty, Nick Patel, Neal Hawks, Garrie Ayers, Haley Morehead, Jennifer Matheny, Misty Catron

## FEE ABBREVIATIONS

TR – Town Resident

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NR – Non Resident

OL – Open Leisure - must have a pass plan or purchase a day pass

FREE – open to the public



# aqua fitness classes

All aqua classes are in the natatorium

## AI CHI

Ai Chi is a total body relaxation and strengthening progression performed in a slow, focused, graceful manner and accompanied by deep breathing. It is performed in the therapy pool, standing in shoulder-depth WARM water. The benefits of an Ai Chi exercise program are: Decreased levels of pain; Improved oxygen supplies to the body; Greater range of motion; Increased core & muscle strength; Lowered sensations of stress; Reduced joint stiffness; Improved balance; Minimized problems with anxiety, fatigue, and depression. This class is suitable for people of all ages and levels who simply need to relax. **Please respect this QUIET TIME.** Min 4 - Max 6

### Session I:

Day: Monday and Wednesday  
Time: 4:15-5:00 p.m.

### Session II:

Day: Friday  
Time: 10:00-10:45 a.m.

## AQUA TABATA

Tabata interval training is one of the most effective types of high intensity interval training. Mixing this format with the properties of water through a variety of simple, yet intense exercises allows each class to blast away the calories and provide noticeable results in a short amount of time. Whether your goal is muscle tone, weight loss, or both, this class will provide what you are looking for. Min 8 - Max 20

Day: Tuesday  
Time: 6:30-7:00 a.m.

## CARDIO SPLASH

Are you looking for a cardio intense workout in the water, with small segments of strength? If so, this is your class! Moderate to high intensity cardio segments are then followed by strength moves to condition all your muscles. We will use various formats of interval training, circuit training and Tabata in this "anything goes" class. Modifications will be given for all cardio and strength moves making this a fun class for all fitness levels. Min 8 - Max 30

Day: Friday  
Time: 9:00-9:45 a.m.

## DEEPLY FIT

Athletes and beginners - take the plunge. Deep-water work using running, traveling and a variety of equipment, guaranteed to challenge your body, your core muscles, and your stamina. Performed at water depths so body remains in vertical position and not touching the pool floor. Appropriate for those who are comfortable in deep water. Individuals may take this class in the 5 ft. area of the pool versus the 8 ft. Min 8 - Max 20

Day: Tuesday and Thursday  
Time: 10:00-10:45 a.m.

## DEEP WATER FITNESS

Total body fitness using water weights, pool noodles and aqua belts. Combination of low to medium intensity in a fun social setting. Performed at water depths so body remains in vertical position and not touching the pool floor. Appropriate for those who are comfortable in deep water.

Min 8 - Max 20  
Day: Monday  
Time: 6:00-6:45 p.m.

### Aqua Instructors:

Becky Irvin (Fitness Coordinator), Kim Aker, Neal Hawks, Dana Christian, Thelma Surber, Irene Daugherty, Jennie Mason

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FREE - open to the public





# other aerobic programs

## YOGA & EXPLORATION

Let the natural harmony of the outdoors expand and deepen your yoga practice. This all-level hike offers the ideal combination of spectacular sights and soul-soothing rejuvenation as we hike the Woodpecker Trail at beautiful Crystal Springs, followed by a mixed-level yoga class out in nature, AND A PICNIC LUNCH.

Included:

- 45 minute All Level Yoga class
- 30-40 minute on the beautiful Woodpecker Trail at Crystal Springs

(this is a 2 mile hike/ hiking experience recommended)

Bring with you:

- A Yoga Mat
- Any blanket or towel you wish to lay under your mat for extra comfort (optional).
- Yoga mat strap (we will be hiking with our mats)
- Please be mindful and dress weather appropriate - layers are best
- Please wear suitable hiking shoes or sneakers
- we will encounter some rocky terrain
- Pack a lunch and stay after yoga for a picnic

Friday, April 26

Time: 11:00 a.m.-2:00 p.m.

Fee: FREE to Gold Members

\$5 TR; \$10 NRPP; \$15 NR

Location: Crystal Springs

Eligibility: ages 12+

Min 5 - Max 12

Register by April 22

Late fee: additional \$5

## LINE DANCING 12-WEEK COURSE

Line dancing is an alternative way to be more active, meet new friends, increase stamina and cardiovascular endurance, improve balance, move rhythmically to energizing music, release stress, and just have fun! No dance experience needed, just the desire to move and have fun!

January 25- April 11

Day: Thursday

Time: 11:00 a.m.-12:00 p.m.

Fee: \$60 TR; \$65 NRPP; \$70 NR

Location: Aerobic Studio

Eligibility: ages 12+

Min 8 - Max 25

Register by January 18

Late Fee: additional \$5

## OUTDOOR YOGA & MEDITATION

Enjoy a relaxing yoga class finished up with a guided meditation at the beautiful Elizabeth Brown Memorial Park. We will meet behind the stage. Bring your yoga mat and settle in for an hour of bliss.  
Tuesday, April 30

Time: 12:00- 1:00 p.m.  
Fee: FREE to Gold Members  
\$5 TR; \$10 NRPP; \$15 NR  
Location: Crystal Springs  
Eligibility: ages 12+  
Min 5 - Max 12  
Register by April 22  
Late fee: additional \$5



### MOTIVATION FOR *success*

When I moved to Wytheville last October I hadn't exercised since 2018. I decided to do something about it, and I joined the Recreation Center, I needed something to do. I started lifting weights, my goal was to build muscle, I wasn't that concerned with weight loss, just wanted to tone everything up. I started with easier routines to slowly build my strength, I saw some small changes, but hurt my back and had to stop lifting for a while. I decided to swim 3 times a week while my back was healing and did that for 2 months until my back felt better. When I started lifting again, it was hard to stay motivated, I was bored with my workouts. One day I showed up at the gym and was unmotivated to do anything, so I decided to try a class. Neal was teaching Cardio Creations, and I took it. It was challenging but I really liked the challenge. I was hooked and now I am taking the 9:00 a.m. classes Monday- Friday. I get the perfect amount of cardio and strength and have seen tremendous changes in my body. I went from 160 lbs. in April to 136 lbs. in November. I had to buy a whole new wardrobe! I not only am happy with the way I look but I also feel so much better and am so much stronger, I have even met some new friends. Now I can enjoy my life and still eat the things I want but have found a perfect balance by adding these workouts.

**Before**



**After**







**TRACK Trails:** A Blue Ridge Parkway Foundation (BRPF) initiative to get kids “unplugged” and outside enjoying nature. Provides signs and brochures that go along with the TRACK Trail activities. Cooperative initiative by BRPF, Wythe-Bland Foundation and Town of Wytheville. Visit [www.kidsinparks.com](http://www.kidsinparks.com) for more information.

**Fees:** None

**Hours:** Dawn–Dusk

### Camping & Backpacking:

Must have a permit (obtained from the Department of Parks and Recreation)

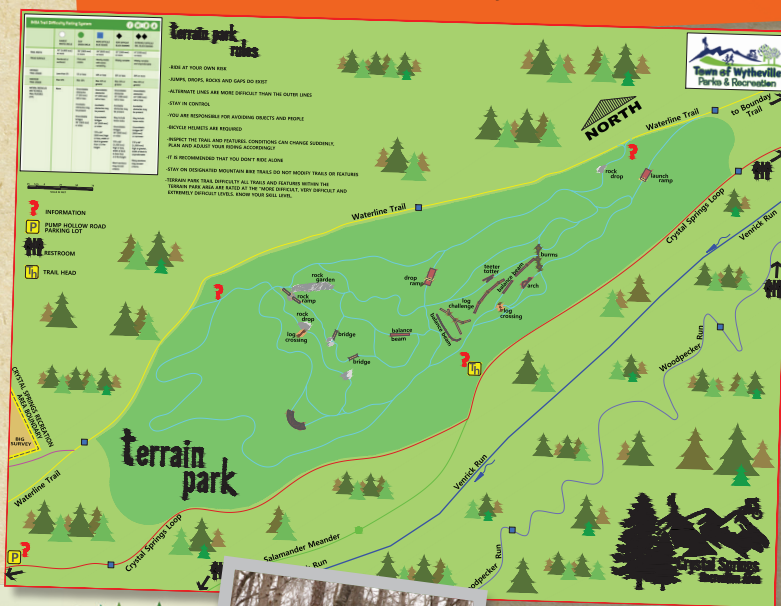
**Directions:** From Main Street, follow Route 21 South approximately 3 miles. Turn left on Pump Hollow Road. Follow Pump Hollow Road 1 mile. Parking area on left.



OPEN DAWN TIL DUSK!

## terrain park rules

- Ride at your own risk
- Jumps, drops, rocks and gaps do exist
- Alternate lines are more difficult than the outer lines
- Stay in control
- You are responsible for avoiding objects and people
- Bicycle helmets are required
- Inspect the trail and features. Conditions can change suddenly. Plan and adjust your riding



For more information call:  
**276-223-3378**

**Town of Wytheville's Crystal Springs Recreation Area**  
**723 Pump Hollow Rd,**  
**Wytheville, VA 24382**

(Roads to trail head are state maintained and passable by small cars)



## SPRINT AT CRYSTAL SPRINGS MOUNTAIN BIKE RACE

Join us at Crystal Springs Recreation Area for the First ever Sprint at Crystal Springs mountain bike race. This race will feature beginner, sport and XC classes as well as men's and women's divisions in each class. Beginner class will be approximately 5 miles, sport class will be approximately 12 miles, and XC class will be approximately 17 miles. Be on the lookout for more details on our Facebook and at the Wytheville Community center.

Saturday, April 13

Time: 8:00 a.m. – 1:00 p.m.

Fee: \$30

Eligibility: ages 14+

Min 20 – Max 50

Register by March 30

## CRYSTAL SPRINGS HIKE & HUNT

Come out to Crystal Springs and experience the unique Easter Hike & Hunt. Check-in will be located at the entrance of Crystal springs where maps of the hunt will be handed out and where you just might run into the Easter Bunny. Remember to bring your own Easter Basket as well! **Registration is required!**

Address: 723 Pump Hollow Rd, Wytheville, VA 24382

Sunday, March 24

**Session I:** 1:00 – 2:00 p.m.

**Session II:** 2:00 – 3:00 p.m.

**Session III:** 3:00 – 4:00 p.m.

**Session IIII:** 4:00 – 5:00 p.m.

Fee: Free

Location: Crystal Springs Recreation Area

Eligibility: ages 4-16

Register by March 17

## MORNING HIKE

Get an early start to your day with us on a hike to the reservoir! This 2-mile round trip hike at Crystal Springs will give you a fresh and relaxing start to your morning. We will stop halfway and have lunch at the reservoir. Please wear weather appropriate clothes and hiking shoes. Pack a lunch and plenty of water!

Day: Friday, April 19

Time: 10:00 a.m.-12:30 p.m.

Fee: Free

Location: Crystal Springs Recreation Area

Eligibility: ages 18+

Min 5 - Max 12

Register by April 12

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# PARKS, SHELTERS & OUTDOOR POOL

All parks and shelters are available for rental. Please call 223-3378 for more information or to schedule an event.

## ELIZABETH BROWN MEMORIAL PARK



The Elizabeth Brown Memorial Park is located at 250 South Fourth Street. The variety of open space and trees provide a beautiful setting for any event. Amenities include a shelter, a stage, gazebos, restroom facilities, electricity, water and easy accessibility for special needs.

## MCWANE SHELTER



McWane Shelter is a quiet setting for birthday parties, family reunions or any social gathering. The picnic shelter is located just behind McWane Pool and is adjacent to Withers Park. There are 12 large picnic tables and two outdoor grills.

## MCWANE POOL



Located on Monroe St. and open during the summer only. The facility has three pools: wading, intermediate and the main pool with depths varying from 1 ft. to 7 ft. The main pool is heated and has 6 lanes – 25 meters long. This outdoor pool facility is available for public swim, private rental and is used for swim meets.

## WITHERS PARK



Withers Park has become a central area for fellowship and exercise with its walking trail, playground, restroom facilities and shelter. The variety of trees and well-manicured landscape in the park gives way to the park's beauty. The Wall of Honor pays tribute to those from Wythe County who gave their lives in wars or military actions, civic leaders and members of the Wythe County Sports Hall of Fame. Withers Park provides citizens with an informal recreation area and is the site for special events, industrial and business picnics and socials.

## 4TH STREET CIVIC CENTER



The 4th St Civic Center is located at 250 N. 4th St. The gymnasium can be utilized by travel and local teams for sports events and practices. The 4th St Civic Center is located adjacent to Elizabeth Brown Park.



# PARKS, SHELTERS & OUTDOOR POOL

Wytheville Parks & Recreation offers numerous facilities for rent, including Withers Park, Elizabeth Brown Park, McWane Shelter, McWane pool, and 4th Street Civic Center.

**Additional security deposit is required per reservation.**

**Reservations must be made two weeks in advance, except for 4th Street Civic Center.**

## PARK/SHELTER RENTALS

### RESIDENT/PASS PLAN HOLDER

### NON-RESIDENT

### FOR PROFIT ORGANIZATIONS

Elizabeth Brown Shelter	\$22/hour	\$25/hour	N/A
Elizabeth Brown Stage	\$22/hour	\$25/hour	N/A
Elizabeth Brown Shelter & Stage	\$35/hour	\$40/hour	\$45/hour
McWane Shelter	\$22/hour	\$25/hour	\$31/hour
Withers Park	\$25/hour	\$28/hour	\$35/hour

*\*Rentals with alcohol will be assessed additional fees*

## MCWANE POOL RENTALS

### 2 HOURS

### 3 HOURS

Up to 50 people	\$160	\$240
More than 50 people	\$190	\$270

### Pool Rental Hours:

**Saturday**  
6:30 - 9:30 p.m.

**Sunday**  
6:00 - 9:00 p.m.

*Only available during the summer pool season*

## 4<sup>TH</sup> STREET CIVIC CENTER RENTALS

### YOUTH

### ADULTS

Only available for Sports Events & Practices

\$15/hour

\$20/hour

**For inquiry or to book your next event, please call us at 276-223-3378.**



# EASTER EGGSTRAVAGANZA

at Wither's Park

**SATURDAY, MARCH 23**

**10:30 A.M. - AGES 6 - 9**

**11:00 A.M. - AGES 5 & UNDER**

**Join the Easter bunny for an  
egg hunt at Wither's Park!**

- EGG HUNT IS FOR CHILDREN ONLY.
- BRING YOUR OWN BASKET.

**INCLEMENT WEATHER DATE  
MARCH 30, SAME TIMES.**

