

## 18+ Men's 3-On-3 Basketball

## General Rules – Updated 3/9/20

- 1. A team's roster shall be limited to eight (8) players. We will play an open roster. Players may Be added at any time during the regular season provided they have not played for another team.
- 2. Once you have played for a team you can not play for another team.
- 3. If you are on a roster but have not played any games, you can be added to another roster.
- 4. You must play 2 regular season games to play in tournament.
- 5. Games are played half court.
- 6. The winner of the coin toss shall take first ball possession and the loser shall take ball possession to start the second half. Ball possession changes hands after each basket unless a foul is awarded. Deliberate stalling or attempts to freeze the ball shall result in loss of ball possession. A warning shall be given by official prior to enactment.
- 7. The imaginary "check line" shall be the 3-point circle. The person checking the ball (behind the 3 pt. Line) must stay stationary (cannot move) while throwing the ball inbounds. If he moves it will be a walking violation. To start each half, after a score, or after a foul is awarded, a player must put the ball in play from the check line. On defensive rebounds or stalls, the ball must be returned to the check line and the player in possession of the ball may maintain control and attempt to score.
- 8. Defense must stay inside of arc while person is inbounding the ball. The person checking the ball has 5 seconds to inbound the ball. The person checking the ball cannot be fouled to stop the clock. You must wait until a pass has been made before you foul.
- 9. On every change of possession, the ball must be taken back behind the check line, with both feet of the player being behind the check line. PENALTY FOR NOT TAKING BALL BACK BEHIND CHECK LINE WITH BOTH FEET: LOSS OF POSSESSION!!
- 10. After a successful field goal, violation, or free throw situation that results in automatic change of possession, the ball must always be placed inbounds from behind the check line with both feet behind the check line and cannot be advanced into play without a pass from behind the check line to a team mate. All checking on dead balls or after made baskets must be done at the top of the key.
- 11. Playing time shall be two (2) halves of twenty (20) minutes continuous clock with an intermission of five (5) minutes.
- 12. In the last two minutes of each half, the clock will not be a running clock but will stop in accordance with normal basketball rules.
- 13. Two (2) time outs permitted per team per half (one [1] during each overtime period). They do not carry over from regulation.

- 14. Time outs to be sixty (60) seconds in duration.
- 15. Substitutions may be made after a basket, a foul shot, or any stoppage of play.
- 16. Each player will be allowed five (5) personal fouls per game, any player receiving one (1) flagrant technical foul will be removed from the game and will not be allowed to play in the next game. Two flagrant fouls-out for season.
- 17. All common personal and technical fouls shall be counted against a team total. After the seventh team total foul, a bonus of one and one will be given, and two shots after the tenth foul.
- 18. A tie score at the end of regulation time will result in a two (2) minute, regular running clock overtime period with ball possession determined by coin toss. If still tied, subsequent two (2) minute periods are to ensure until tie is broken.
- 19. Three-point shots will be allowed.
- 20. Three seconds in the lane.
- 21. Aside from these special rules, all other rules will be played in accordance with the VHSL rules.
- 22. You must have two (2) players to start and play a game. If a third player comes in after the game has started, they may come in and play. If a team only has one player to show up, then there is a 10-minute grace period after schedule game time before a forfeit is declared.
- 23. Coaches: Please talk to your players about being aware of their language and actions while they are in this building. We have a lot of people using this facility and we expect everyone to help us keep it nice.