

FIT FOR LIFE

EXERCISE, NUTRITION & WEIGHT-LOSS PROGRAM

Application Meetings

WEDNESDAY, MAY 15, 6:00 P.M.

SATURDAY, MAY 18, 12:00 P.M.

Participant Qualifications

- WYTHE OR BLAND COUNTY RESIDENT
- AGES 18+
- BMI OF 25 OR GREATER
- WILLING TO PARTICIPATE IN A 12 WEEK EXERCISE & NUTRITION PROGRAM IN THE EVENINGS BEGINNING JUNE 10, 2019
- FIT FOR LIFE GRADUATES OF 2017 OR EARLIER ARE ELIGIBLE TO PARTICIPATE



FREE 3 MONTH
GOLD PASS PLAN
PROVIDED**

WYTHEVILLE COMMUNITY CENTER

333 COMMUNITY BLVD.
WYTHEVILLE, VA 24382

(276) 223-3378

REC.WYTHEVILLE.ORG



**PASS PLAN PROVIDED UNLESS YOU ALREADY HAVE ONE.



Wythe-Bland
Foundation

Providing
pathways for a
healthier tomorrow